

ACIFA
Lake Louise
Facing conference
Forward
2013

Conference Programme



Contents:

Conference Overview schedule	2
Monday & Tuesday Day at a Glance schedules	3 - 6
Conference Overview description	7
Welcomes	8
Sunday May 26 & Monday May 27 in detail	9 - 17
Tuesday May 28 in detail	18 - 25

ACIFA 2013 Conference Schedule Overview

Wednesday
May 29

Sunday - May 26

Monday - May 27

Tuesday - May 28

Lakeshore Plain of Six Glaciers Beehive Saddleshack Parker
Lakeshore Plain of Six Glaciers Beehive Saddleshack Parker

delegates depart

breakfast 7:30 - 8:45	breakfast 7:30 - 8:30	ACIFA annual general meeting 8:30 - 9:50	
keynote 8:45 - 9:45	ACIFA annual general meeting 8:30 - 9:50		
12 1 14 28	6 39 26 11		
17 9 20 21	37 40 34 25 7		
lunch 12:15 - 1:45/ E-Campus Presentation (1:00 - 1:45)	lunch 12:15 - 1:45/ACIFA 2014 Kick Off/ Special Presentation		
27 30 2 24	31 23 5 16 32		
29 8 35 38 10	33 15 3 22		
Free Time 4:15 - 6:30	Free Time 4:15 - 6:30		
Mardi Gras Banquet 6:30 - 8:00 pm	BBQ Dinner & "Poker Faces" 6:30 - 8:30 pm		
Entertainment 8:00 - midnight	Entertainment and dance 9:00 - midnight		
hospitality suite/silent auction 9:00 to 11:00 pm in Heritage Hall	hospitality suite/silent auction 9:00 to 11:00 pm in Heritage Hall		
18: Morning Outdoor Activity Session	4: Afternoon Outdoor Activity Session		
*Registration desk & information in Alpine Gallery			
*there are 15 minute transition breaks between concurrent sessions			

*collective assemblies located in Mount Temple Room

Session Room Locations:
Lakeshore (lower)
Plain of Six Glaciers (lower)
Beehive (lower)
Saddleshack (lower)
Parker (third floor)
*in Victoria Room

KEY
Session
Keynote
Activity

10:00 - 11:00

11:15 - 12:15

12:15 - 1:45

2:00 - 3:00

3:15 - 4:15

7:00 - 10:00

10:00 p.m.

Presidents' Council Meeting 10:30 to 3:00 pm
Pipestone Room

Registration Desk Open 4:00 pm to 7:00 pm
in Alpine Gallery

Opening Reception 7:00 pm to 10:00 pm
in Heritage Hall

ACIFA 2013 Conference - DAY AT A GLANCE

Monday - May 27

Rooms

	Lakeshore	Plain of Six Glaciers	Beehive	Saddleback	Parker
	breakfast 7:30 - 8:45				
	keynote 8:45 - 9:45				
	18: Morning Outdoor Activity Session				
10:00 - 11:00	12	1	14	13	28
11:15 - 12:15	17	9	20		21
12:15 - 1:45	lunch 12:15 - 1:45/ E-Campus Presentation (1:00 - 1:45)				
2:00 - 3:00	27	30	35	2	24
3:15 - 4:15	29	8		38	10
4:15 - 6:30	Free Time 4:15 - 6:30				
6:30 - 8:00	Mardi Gras Banquet 6:30 to 8:00 pm				
8:00 - 12:00	Entertainment 8:00 - midnight				
10:00 - 11:30	hospitality suite/silent auction 9:00 to 11:00 pm in Heritage Hall				
	*Registration desk & information in Alpine Gallery				

KEY
Session
Keynote
Activity

 **60-minute sessions: 10:00 am – 11:00 am**

- [12] Mobile Learning Team Mashups
- [1] Exploring the "Flipped Classroom"
- [14] The Academic Face & The Volunteer
- [28] Using iPads for Learning: What do students really think?

 **2-hour session: 10:00 am – 12:00 pm**

- [13] Facing the many Faces of Teaching and Learning using Open Space

 **60-minute sessions: 11:15 am - 12:15 pm**

- [17] Academic Freedom in the Digital Age
- [9] Podcast This! Making and Using Podcasts for Learners
- [20] Citizen Solutions: Engaging the Global Citizen in Biodiversity Conservation
- [21] Aural Perception and Sight Playing: Neglected Skills in the Music Studio

 **Morning Outdoor Activity Session: start time 10:00 a.m.**

[18] Socializing with Feathered Friends and Fragrant Flora

 **60-minute sessions: 2:00 pm – 3:00 pm**

[27] Celebrate Your Inner Grammar Geek! A workshop using web 2.0 technologies to put a future face on grammar in a college communications classroom

[30] The interdisciplinary nature of physics: From biology to social sciences

[2] Facing Forward with Clarity and Transcendence: Why Einstein maintained that imagination is more important than knowledge

[24] Real-time Online Learning

 **2-hour session: 2:00 pm – 4:00 pm**

[35] And Yet More Elephants: Handling the Controllers

 **60-minute sessions: 3:15 pm – 4:15 pm**

[29] Getting Off to a Good Start: Facing the New

[8] Transforming Fatigue and Renewing Passion Through Mindful Body Practices

[38] Academic Freedom: Be Interested and Concerned

[10] Let's Face It: We All Have Different Languages of Appreciation

The Mardi Gras Banquet starts at 6:30 p.m. !!

Entertainment: 8:00 PM to Midnight



ACIFA 2013 Conference - DAY AT A GLANCE

Tuesday - May 28

Rooms

	Lakeshore	Plain of Six Glaciers	Beehive	Saddleback	Parker
	breakfast 7:30 - 8:30				
	ACIFA annual general meeting 8:30 - 9:50				
10:00 - 11:00	6	39	26	19	11
11:15 - 12:15	37	40	34	25	7
12:15 - 1:45	lunch/ACIFA 2014 Kick Off/ Special Presentation				
	4: Afternoon Outdoor Activity Session				
2:00 - 3:00	31	23	5	16 *in	32
3:15 - 4:15	33	15	3	Victoria Room	22
4:15 - 6:30	Free Time 4:15 - 6:30				
6:30 - 8:00	BBQ Dinner & "Poker Faces" 6:30 - 8:30 pm				
8:00 - 12:00	Entertainment and dance 9:00 to midnight				
10:00 - 11:30	hospitality suite/silent auction 9:00 to 11:00 pm in Heritage Hall				
	*Registration desk & information in Alpine Gallery				

KEY
Session
Keynote
Activity

 **60-minute sessions: 10:00 am – 11:00 am**

- [6] Creating a Campus Community: The Impact of Mental Health on Student Success
- [39] Assessing How iPads Improve Visual Learning: 2012 Scholarship of Teaching and Learning Award Winner
- [26] Distance Learning - One College's Story
- [19] Exploring the Gifts and Faces of Grief: Meaning Making and Transformation
- [11] A Journey of Possibility: Fostering Intercultural Understanding Through Professional Development at a Community College

 **60-minute sessions: 11:15 am – 12:15 pm**

- [37] Collective Bargaining: Then and Now
- [40] Fostering Collaborative Writing without Sacrificing Individual Evaluation: 2013 Innovation in Teaching Award Winner
- [34] Designing and Teaching a Block Course
- [25] Time for an Academic Facelift - Teaching versus Training

[7] Economic Inequality in North America: Who should be paying attention?

 **60-minute sessions: 2:00 pm – 3:00 pm**

[31] Creating Real-World Context in the Classroom

[23] The Role of PAC in Promoting Scholarly Dialogue Among Faculty: A Community College Experience

[5] What Your Banker Doesn't Want You to Know - Credit Cards, Mutual Funds and Personal Investments

[32] Facing Academic Dishonesty: Perspectives from the Classroom, the Administrative Office, and the Office of Student Judicial Affairs

 **2-hour session: 2:00 pm – 4:00 pm**

[16] Gentle Yoga

 **60-minute sessions: 3:15 pm – 4:15 pm**

[33] Re-Thinking Professional Development: Supporting Ongoing Learning at Work

[15] Challenge Yourself to be More Happy (Or, Put on a Happy Face!)

[3] Your Defined Benefit Pension Plan: Efforts at Sustainability

[22] Sing along with Basement Bob

 **Afternoon Activity session: start time 2:00 pm**

[4] Rock, Walk and Talk around Lake Louise

Barbeque Dinner starts at 6:30 p.m.

Entertainment and Dance: 9:00 PM - Midnight



ACIFA 2013 Overview Facing Forward

Collective Assemblies

Mount Temple Ballroom is the location for:

- Keynote Address
- Monday Breakfast, Lunch, & Mardi-Gras Banquet
- Tuesday Breakfast, Lunch, & BBQ Dinner

Registration Desk

The registration desk will be in operation for the duration of the conference (hours will be posted).



Opens @ **4:00 pm** on Sunday, May 26th.

Each conference delegate receives a conference accessories bag (pick up @ the registration desk).

Throughout the conference the permanent location of the desk will be in the **Alpine Gallery**.

If you have any questions or need any help, assistance will be on hand to come to your aid.

Sessions

Concurrent sessions will take place in the:

Lakeshore Room, Plains of Six Glaciers Room, Beehive Room, Saddleback Room and Parker Room at the **Chateau Lake Louise**.

Outdoor sessions convene at the Registration Desk.

All sessions are scheduled for Monday morning and afternoon, and Tuesday morning and afternoon.

Connect with other Conference attendees on twitter by using our official hashtag: **#acifa2013**



Hospitality Suites

On both Monday and Tuesday night there will be an opportunity to visit with your colleagues during the **hospitality suites**. Suites start at 9:00 p.m. and are located in **Heritage Hall**.

A **silent auction** for the **Alberta Public Post-secondary Education Trust Fund** will also be located here, both Monday and Tuesday.

Recreation/Activities

Scheduled free time will take place on **Monday** and **Tuesday** afternoon (4:15 pm – 6:30 pm) to take time on your own to enjoy the beautiful scenery of Lake Louise. Check with the Activities Desk for any activities that may be available during that time, including **"Outdoor Faceoff"** Road Hockey (see page 21 for details!)

The **ACIFA Annual General Meeting** Takes place in the **Mount Temple Ballroom** on Tuesday between **8:30 am and 9:50 am**.

ACIFA 2013 Welcome! Facing Forward



Welcome to ACIFA's 2013 annual conference at the Château Lake Louise. The Medicine Hat College Faculty Association is honoured to be your host for this event. This year's conference is entitled "Facing Forward" and acknowledges the many faces that faculty portray, as instructors, individuals and citizens. This year's theme is especially important given the challenges to post-secondary education that we are currently facing and will face in the years to come. The ability of faculty from institutes and colleges throughout Alberta to come together for several days each spring is essential to the vibrancy of our careers. Not only is it important to renew our excitement for teaching, it fosters continued support for one another and engagement of our common goals. The annual ACIFA conference is a time for old friends to reconnect and an opportunity to form new friendships. Please take advantage of incredible environment surrounding Château Lake Louise. Take time to enjoy the colour of the lake, the grandeur of the mountains, and the support of colleagues. The Medicine Hat College Faculty Association wishes you a splendid time!

Elizabeth Pennefather-O'Brien

President, Medicine Hat College Faculty Association



In a year of many challenges our conference theme "Facing Forward" is quite apt. We congratulate the organizing committee from Medicine Hat College on putting together another wonderful conference that brings together scholars from across our province and our country. The opportunity this conference affords us to interact, to discuss, to debate, to learn with our colleagues in the important post-secondary sector is invaluable.

Like at the house of Elrond, our conference is "perfect, whether you like food or sleep or story-telling or singing (or reading), or just sitting and thinking best, or a pleasant mixture of them all." Enjoy!

Welcome to ACIFA's 2013 Annual Conference!

Doug Short

President, Alberta Colleges and Institutes Faculties Association



ACIFA 2013

Sunday, May 26 Facing Forward

Schedule:

10:30 am to 3:00 pm
Presidents' Council Meeting
Pipestone Room

4:00 pm to 7:00 pm
Registration Desk opens
Alpine Gallery

7:00 to 10:00 pm
Opening Reception
Heritage Hall

Sunday Night Entertainment
Lori Reid – Folk Artist

Rocky Mountain based Lori Reid, possibly best known for her time with the band The Fates, has settled once again in Canmore, is concentrating on her song writing and performing, operates a dayhome for youngsters and last October released a new solo project – Temperance Hotel – which was recorded at the Canmore Hotel.



ACIFA 2013

Monday, May 27 Facing Forward

Schedule (A.M.):

7:30 am to 8:45 am
Breakfast
Mount Temple Ballroom

8:45 am to 9:45 am
Keynote
Mount Temple Ballroom

10:00 am to 12:15 pm
Sessions

12:15 pm to 1:45 pm
Lunch
Mount Temple Ballroom

Keynote Speaker – John Acorn

“From the Television Screen to the Classroom, With a Sideline or Two Along the Way”

John Acorn became well known as the host of Acorn, The Nature Nut, a syndicated television series that encouraged people, old and young, to get out and become “naturalists.” John has also written seventeen books, ranging from children’s dinosaur books to detailed field guides, and he has accumulated a great deal of experience in the popularization of science for a general audience, having also worked in exhibit design, public speaking, and radio. Bringing this background to the lecture rooms of the University of Alberta has been an interesting experience for John, and the contrast between



undergraduate education and popular communication has produced a number of interesting insights for him, and raised a number of interesting questions. Faced with a potentially entertaining lecturer, how much entertainment do students really want? Does being a minor celebrity give you more or less credibility with your students? Which techniques from popularization work in the classroom and which do not? How do popular views of the environment work for and against a lecturer in the environmental sciences? And of course, what can we learn about the effectiveness of popularization techniques by evaluating students’ understanding of the subject matter come exam time. With increasing talk of online education poised to replace introductory in-person courses at some institutions, these are questions of interest today.

ACIFA 2013 Monday Morning Sessions Facing Forward

🕒 60-minute Sessions: 10:00 am – 11:00 am

[12] Mobile Learning Team Mashups

Rod Corbett, Leon Cygman, Carolyn Anderson, Brett McCollum; Mount Royal University. Demonstration (60 min.)

Lakeshore Room/ Monday, May 27th/ 10:00 am – 11:00 am

Explore the power of a team-based learning and journaling strategy using the mobile devices that our learners bring to class. The free Google Drive tool will be used to collect, exchange and mashup the artifacts collected. This session will help you to develop your own strategies to employ these tools in order to enhance the learning processes in your classes.



Whether your students bring iPhones, iPads, Androids or laptops to class, they can use these devices to capture and share text, images, sound and video clips with each other. Instructors can monitor this repository providing feedback and guidance on their reflections, questions and documentation of what the students are actually learning. Instructors can also leverage this technique into journaling, inquiry, team work, portfolio and other ways of teaching/learning strategies.

After we show participants how to use your mobile device to collect a wide range of artifacts and share them onto a shared Google Drive folder, they will practice collecting and sharing images, ideas, questions, discoveries, solutions, and other learning artifacts from their experiences at this conference for the rest of the day, at which point they will be compiled into a mashup presentation to be shared on the last day.

Bringing your own mobile device will enhance your participation in this session, but is not required.

[1] Exploring the "Flipped Classroom"

Jacquie Flood; Portage College. Lecture (60 min.)

Plain of Six Glaciers Room/ Monday, May 27th/ 10:00 am – 11:00 am

The "Flipped Classroom" is a forward facing concept which seeks to engage all students in the learning process. Students view video and other multi-media instructional materials before class. While in class, they engage in inquiry based and hands-on learning. This model avoids the "sage on the stage" phenomena and is well suited for diverse cohorts. Jacquie will be sharing her first attempts to incorporate the Flipped Classroom concept into her Illuminate Live! math class. Jacquie will also share her impressions of the efficacy of the approach and some of her student feedback.

[14] The Academic Face & The Volunteer

Heather Nelson; Mount Royal University. Lecture (60 min.)

Beehive Room/ Monday, May 27th/10:00 am – 11:00 am



When I started teaching a course called "Community and Societies," I asked myself how I could isolate myself in the halls of the academy while encouraging my students to become engaged in their communities. I decided to start volunteering, something I had long wanted to do, but could never make the time for. It turns out that I, as an academic, brought with me skills that we are prone to overlook when in the company of other academics. In addition to being well-educated, we are clear and articulate, we are leaders, not afraid to voice an opinion, typically listen well to others and are able to rapidly absorb and compile information and reformulate it concisely. The ability to communicate with others and add to the conversation in meaningful

ways are valued by volunteer organizations. While I had much to offer the community, the community had much to offer me in return. I often use my volunteer experiences in my classroom and my engagement with members of the broader community has been very enlightening. In this session, I will explore the importance of volunteering in terms of sharing our skills with the broader community and the benefits to our students when we volunteer our time. Finally, while volunteering has been a great experience, you do run the risk of spending a lot of time engaging in projects. As a result, I will also explore some of the issues arising from our volunteer commitments.

[28] Using iPads for Learning: What do students really think?

Shauna MacDonald, Jason Aoughoushe; NAIT. Lecture (60 min.)

Parker Room/ Monday, May 27th/ 10:00 am – 11:00 am



The buzz surrounding the use of tablets in education has instructors and administrators deliberating about if and how such technology can be successfully integrated into the post-secondary classroom. Should tablets be used in lieu of textbooks? What technical and organizational considerations need to be considered? How might students choose to utilize iPads for learning?

During the 2012 – 2013 school year, Shauna MacDonald and Jason Aoughoushe provided iPads to the first-year Architectural Technology and Interior Design Technology students at NAIT to use for a few weeks during their mathematics and English courses. While the students had the iPads, they worked on completing assignments that involved using the iPads in five ways: collaborating, accessing course materials, researching, creating documents/presentations, and time management. After completing the iPad unit, the students responded to a survey about their experiences using the iPads for each of those categories.

In this session, Shauna and Jason will introduce their project, share findings, and describe the challenges they faced. They will also provide some recommendations and considerations for using iPads within a post-secondary classroom environment. Time for discussion will be included.

2-hour Session: 10:00 am – 12:00 pm

[13] Facing the many Faces of Teaching and Learning using Open Space

June Parham, Roger Moore; NorQuest College. Workshop (120 min.)

Saddleback Room/ Monday, May 27th/ 10:00 am – 12:00 pm

This interactive Open Space workshop is for faculty to explore “Facing the many Faces of Teaching and Learning”. Space will be created for you to interact with your colleagues from other institutions and reflect on your teaching practice. This session will uncover your passions and through interactive discussions, creative approaches will be discovered. You will create the agenda, you will be with the right people and you will determine the outcome. This session will stimulate exchange of information and ideas and allow you to Face the Challenge of Facing the many Faces of Teaching and Learning using Open Space which is a simple, powerful way of holding a productive and inspiring learning event.

Morning Outdoor Activity Session: Start time 10:00 am

[18] Socializing with Feathered Friends and Fragrant Flora

Laurie Hunt, Debbie Webb; NAIT. Activity (120 min.)

Colleagues will “flock” together for a session of morning bird watching and alpine flower photography. Participants will have the opportunity to be serenaded by morning mountain chorus, while learning about the identification, adaptations and



ecology of birds. There will also be an opportunity to photograph early spring bloomers, as we hike along the lakeshore trail. Specifically, the goals of this session are to:

- Provide an inspirational venue for participants to appreciate and learn about new faces of birds and flowers in this mountain environment, while socializing with colleagues through wilderness travel.
- Provide an opportunity for participant rejuvenation.

Bring a small day pack, comfortable walking shoes, water bottle, snacks, sunscreen, sun hat, binoculars, camera, and flower and bird field guides, if you have them. Please remember to dress for the weather. We will meet in the front lobby of the Chateau.

60-minute Sessions: 11:15 am – 12:15 pm

[17] Academic Freedom in the Digital Age

Ritu Khullar; Chivers Carpenter Lawyers.

Lakeshore Room/ Monday, May 27th/ 11:15 am – 12:15 pm

Academic freedom is a rather broad concept that captures the freedom of inquiry through research, publication and teaching; the freedom to criticize institutional policies; the freedom to address public issues; and the autonomy of post-secondary institutions in running their own affairs. We will examine academic freedom and how it survives today.

[9] Podcast This! Making and Using Podcasts for Learners

Nicole Estabrooks, Maureen Stewart; Bow Valley College. Demonstration (60 min.)

Plain of Six Glaciers Room/ Monday, May 27th/ 11:15 am – 12:15 pm



This interactive session will outline the planning, process, production and implementation of podcasts for the classroom. Attendees learn how to create a podcast of their own in order to use this technology with their learners. The presenters will share the podcasts they have created for language acquisition, and then participants will be asked to create one as well.

[20] Citizen Solutions: Engaging the Global Citizen in Biodiversity Conservation

Kate Morrison; Northern Lakes College. Lecture (60 min.)

Beehive Room/ Monday, May 27th/ 11:15 am – 12:15 pm

The Convention on Biological Diversity, a United Nations treaty ratified by 167 nations including Canada, seeks to conserve and protect the natural biodiversity of member's ecosystems. Signatories and a host of other stakeholders, including the European Union, United Nations organizations, transnational corporate interests, global environmental organizations and other civic bodies, meet bi-annually to update plans. But missing from negotiations are citizens themselves, whose interests, desires, and actions have the capacity to play an important role in developing solutions for biodiversity conservation.

As societies in Canada and globally evolve in response to changing physical and political environments, the role of a citizen continues to be paramount. Citizens elect governments, determine consumption patterns, contribute to volunteer and civil society efforts, and promote the plurality of special interests and commerce activities. Citizens, in theory, give democracy its legitimacy; political leaders are elected to represent the will of the people who cumulatively grant the leaders' authority. But how can citizens' political will, especially in matters involving multiple jurisdictions and multitudes of citizens, be engaged?


World Wide Views on Biodiversity sought to overcome this "democratic deficit" by convening meetings of approximately 100 citizens each in 34 locations around the world on September 15, 2012. We asked the citizens participating in the Calgary, Alberta meeting why they got involved in this transnational citizen engagement and consultation project. Using a pre-workshop survey of 80 citizens, we sought to understand the motivations, expectations and prospects of the people who participated in WWViews on Biodiversity.

[21] Aural Perception and Sight Playing: Neglected Skills in the Music Studio

Dale Wheeler; Red Deer College. Lecture (60 min.)

Parker Room/ Monday, May 27th/ 11:15 am – 12:15 pm

The ears and the eyes are vital aspects of music making but in the teaching studio skills relating to their competence often take second place to technical mastery and performance. There are several attitudes that we must embrace if we are to have success in this area. We must affirm that ear and eye skills are foundational to the whole enterprise of music making. If we are not convinced how can we expect our students to be? No other artistic venture is as dependent on sight and sound. How many times during a lesson do we say "look, watch, observe, take note, listen, see, hear?" We must acknowledge that ear and eye skills are equal and complimentary partners. The ultimate goal is to be able to "see with the ears" and "hear with the eyes." We must abandon the notion that "ear training" and "sight reading" are necessary evils that are undertaken only to pass a graded exam or an audition. We must also reconsider the notion that these topics are the sole purview of separate and distinct Musicianship classes. After examining some of the attitudes that we need to establish or perhaps change, several actions are identified that help to make these skills an integral aspect of our daily teaching. An important part of the session will include the sharing among attendees of best practices they utilize or have observed.



**Monday Lunch
& e-Campus Presentation**
12:15 pm – 1:45 pm
Mount Temple Ballroom

ACIFA 2013

Monday Afternoon
Sessions

Facing Forward

60-minute Sessions: 2:00 pm – 3:00 pm

[27] Celebrate Your Inner Grammar Geek! A Workshop Using Web 2.0 Technologies to Put a Future Face on Grammar in a College Communications Classroom

Brooklin Schneider; Olds College. Workshop (60 min.)

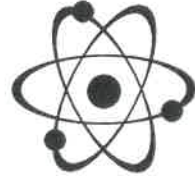
Lakeshore Room/ Monday, May 27th/ 2:00 pm – 3:00 pm

Does teaching/learning grammar have to be boring? Difficult? Painful? No, of course it doesn't; yet grammar (and notions of correctness) remains one of the most dreaded topics in the college communications classroom.

Students don't want to learn it, and instructors don't want to teach it, so grammar is all-too-often seen by instructors and students alike as something merely to be endured. And the sooner the grammar lesson is over, the better. This workshop introduces participants to innovative strategies used in a college business communications course to help bring business instruction forward towards collaborative, integrative, and adaptive learning and away from the tired debates concerning students' resistance to learning formal grammar and instructors' anxiety over teaching it. New technologies – social media, apps, iPads, Google Docs, and other interactive technology solutions – offer a way to overcome the debate and focus instead on the necessary work of improving students' communication skills. Grammar doesn't have to be boring. In fact, it can be fun. Students and instructors alike can overcome their resistance to formal grammar. Bring your smartphone or tablet to this session, and discover ways to celebrate your inner grammar geek, all while learning strategies to improve your students' communication skills.

[30] The Interdisciplinary Nature of Physics: From Biology to Social Sciences

Manuel Diaz-Avila; Mount Royal University. Lecture (60 min.)



Plain of Six Glaciers Room/ Monday, May 27th/ 2:00 pm – 3:00 pm

Many institutions are experiencing problems in running a bachelor's degree in physics successfully, as the student quotas have not been met. In our university, the problem is even greater as we don't have a physics degree and Quantum Mechanics – the capstone course for the minor in physics – can't run due to poor enrollment. One of the reasons for this problem is the lack of knowledge of students (and the public in general) about what physics is and what they can do with this degree. Moreover, many students can't see the relevance of physics in their field of study. The objective of this session is to raise awareness of what physics is all about and the interdisciplinary nature of it. The importance of physics and how it can be used in different areas of study will be exemplified on biology, economics and social sciences. Hopefully, with this presentation, the audience will be a little more attracted and curious to learn how physics can be applied to their fields of study, and serve as a catalyzer for new collaborations between physicists and other fields of study.

[2] Facing Forward with Clarity and Transcendence: Why Einstein maintained, "Imagination is more important than knowledge."

Marv Machura; NorQuest College. Lecture (60 min.)



Saddleback Room/ Monday, May 27th/ 2:00 pm – 3:00 pm

Join Marv Machura as he explains how facing forward can be a transformational experience where we develop a greater awareness of our human ability to see into the heart of things. Using examples from research, literature, art and photography (and drawing upon his new book, *Wonder*) Machura illustrates how our senses interact and move us in nearly inexplicable (yet understandable) ways giving us moments of wonder – when we see with clarity and transcendence, confirming Einstein's observations: "imagination is more important than knowledge" and "the only real valuable thing is intuition." Live, laugh, learn!

[24] Real-time Online Learning

Travis Seaman, Debbie Scott; Bow Valley College. Lecture/Discussion (60 min.)

Parker Room/ Monday, May 27th/ 2:00 pm – 3:00 pm

Many of today's college instructors must be prepared to facilitate information in a variety of teaching and learning platforms. Distance learning, synchronous and asynchronous on-line classes, and traditional classroom learning are just some of the different learning platforms that many ACIFA instructors have expertise in. At Bow Valley College, several instructors in the Center for Foundational Learning are currently using the Adobe Connect Conferencing program to facilitate courses that include students in the traditional classroom and on-line students in a synchronous learning environment at the same time. This hybrid has created some interesting

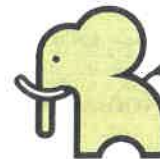
dynamics, and the BVC staff that instructs in this platform has developed some best practices that help support learners and instructors alike. Session participants will learn of the best practices and possibly share practices from their own experiences from this type of teaching and learning environment.

2-hour Session: 2:00 pm – 4:00 pm

[35] And Yet More Elephants: Handling the Controllers

Lorraine Leishman, Rika Snip; Lethbridge College. Workshop (60 min.)

Beehive Room/ Monday, May 27th/ 2:00 pm – 4:00 pm



Last year's session 'Is There an Elephant in the Room?' was very well received as we talked about the necessity of coaxing the "elephants" to reveal themselves with tact and consideration for others so that their presence would not sabotage efforts to move forward with team projects and meeting agendas. It appears that those big elephants have children! They are a subtler cohort that, unchallenged, can also derail efforts to move forward, both in our personal and working lives. This workshop will be an activity based session that will help participants recognize the controllers in our lives at work and at home that keep us from working productively together.

60-minute Sessions: 3:15 pm – 4:15 pm

[29] Getting Off to a Good Start: Facing the New

Lindy Fors; Northern Lakes College. Workshop (60 min.)

Lakeshore Room/ Monday, May 27th/ 3:15 pm to 4:15 pm

Whether it's the beginning of the term or the beginning of a class, getting off to a good start is the key to relationship building and student retention. In this session, you will explore proven techniques that engage and support students from the start of the term to the end. Whether it's 1:1 or larger groups, face each other and face the term with proactive and interactive methods that increase student retention and enhance learning. Together we will explore strategies that keep students facing forward toward their goals by continuing the momentum of the good start.

[8] Transforming Fatigue and Renewing Passion Through Mindful Body Practices

Sherry Greenbank, Nathalie Mercier; NorQuest College. Workshop (60 min.)

Plain of Six Glaciers Room/ Monday, May 27th/ 3:15 pm to 4:15 pm

The conference theme, "Facing Forward," challenges us to embrace our future – to adapt and transform. Investing energy in our transformations can leave us feeling drained. How do we replenish our fuel? This active session will explore Mindfulness-Based Stress Reduction techniques as powerful self-care tools. Come join us as we explore the mind-body connection through gentle movement. We encourage participants to "listen to the wisdom of their body" and participate at the level with which they are comfortable. In this relaxing session, anything you do or choose not to do is part of the experience, if you bring awareness to it. Please wear comfortable clothing that does not restrict movement and bring along a yoga or exercise mat if you have one. No mat? No worries; a big towel or blanket will be fine to stretch out on too.

[38] Academic Freedom: Be Interested and Concerned

Doug Short; NAIT. Lecture (60 min.)

Saddleback Room/ Monday, May 27th/ 3:15 pm to 4:15 pm

A presentation and discussion on academic freedom.

This discussion will start with a brief overview of what academic freedom encompasses, who thinks it's important, we will identify the historical perspective, finishing with the limits and threats to academic freedom. Our discussion will centre on why academic freedom is important to us.

[10] Let's Face It: We All Have Different Languages of Appreciation

Mauri Loyer; Bow Valley College. Workshop (60 min.)



Parker Room/ Monday, May 27th/ 3:15 pm to 4:15 pm

Have you ever given your sincere appreciation to a co-worker or learner and been disheartened by the reaction? Did you feel like you were misunderstood? There is a reason why.

According to Dr. Gary Chapman, there are five different languages of appreciation (*words of affirmation, quality time, receiving gifts, acts of service, and physical touch*). We each find ourselves preferring one type of language. Misunderstandings develop when we are speaking different languages of appreciation. We can restore harmony by self-awareness and empathy.

This interactive session will give you the opportunity to assess yourself in the context of Dr. Gary Chapman's languages of appreciation. You will gain insight into your own language of appreciation, and develop an understanding of others to prepare you for more harmonious relationships with colleagues, learners and family/friends.



Word Search

u	a	t	l	w	a	c	p	a	f	a	r	r	f	o	o	e
d	s	t	n	o	a	e	m	f	a	e	r	s	m	e	p	a
r	i	e	g	s	e	n	n	o	e	r	c	e	d	u	h	b
s	l	g	l	n	s	e	o	s	d	n	n	n	i	i	i	o
g	e	k	u	t	e	c	c	t	i	t	i	l	y	i	i	t
r	n	c	a	i	a	a	r	e	e	t	m	c	t	s	d	u
f	t	i	a	f	k	r	r	r	e	c	a	i	i	q	q	g
g	a	r	d	f	b	i	t	n	n	e	r	x	l	n	i	r
n	u	c	j	l	r	a	l	g	i	n	d	e	a	s	e	s
i	c	o	i	o	i	e	a	s	e	n	i	b	t	l	e	h
h	t	l	l	n	i	w	k	e	k	o	g	e	i	y	e	a
c	i	l	m	e	g	s	e	o	s	c	r	l	p	a	f	r
a	o	e	n	s	u	f	l	p	e	a	g	s	d	r	a	w
e	n	a	s	l	p	r	o	f	e	s	s	i	o	n	a	l
t	b	g	d	i	b	g	u	r	h	d	e	s	h	e	d	m
u	o	u	f	u	n	n	i	l	w	i	a	c	i	f	a	c
e	t	e	l	n	u	c	s	n	i	a	t	n	u	o	m	d
l	e	s	i	n	e	l	e	i	i	n	r	o	c	a	n	h
g	f	t	s	o	a	s	n	i	t	c	o	d	i	a	a	s

- ACIFA
- Colleagues
- Facing Forward
- Lake Louise
- Medicine Hat
- Register
- Sessions
- Awards
- Entertainment
- Hospitality
- Lori Reid
- Poker Faces
- Rick Lett
- Teaching
- Adele Wilding
- Connect
- Fun
- Learning
- Mountains
- Relaxation
- Silent Auction
- Banquet
- Face Off
- John Acorn
- Mardi Gras
- Professional
- Rob Hudec

ACIFA 2013

Monday, May 27

Facing Forward

Schedule (P.M.):

4:15 pm to 6:30 pm
Free Time

6:30 pm to 8:00 pm
Mardi Gras Banquet
Mount Temple Ballroom

8:00 pm to 12:00 am
Entertainment
Mount Temple Ballroom

9:00 pm to 11:00 pm
**Hospitality Suite and
Silent Auction**
Heritage Hall

Evening Entertainment
ADELE M. WILDING – RICK LETT DUO

Jazz singer-songwriter Adele Wilding and jazz guitarist Rick Lett formed their duo in September 2012. They perform classic and contemporary jazz standards and original songs. They are currently devoting an entire set to selections written on the blues scale and in minor and modal keys. A listeners' gig, this set will be interpreted and performed by the duo at the ACIFA Conference, on Monday, May 27 2012, in Lake Louise, Alberta.



Adele M. Wilding was previously based in London, UK, where, among other accolades, she received the inaugural BWA Nina

Simone Award in 2005. Originally from Saskatchewan, Rick Lett is in demand as a performer, recording artist and teacher of jazz guitar and bass, having spent 30 years in this genre.

Both Adele and Rick are on Faculty at the Conservatory of Music and Dance, Medicine Hat College.



Mardi-Gras

Dinner Banquet

6:30 pm – 8:00 pm

Mount Temple Ballroom

Includes the Presentation of:
ACIFA 2012 & 2013 Awards



Use your complimentary
"ACIFA Bucks"
and enjoy
a Beverage on us!

HOSPITALITY SUITE

& Silent Auction

9:00 pm – 11:00 pm

Heritage Hall

Hosted by Medicine Hat College Faculty Association



ACIFA 2013 Tuesday, May 28 Facing Forward

Schedule (A.M.):

7:30 am to 8:30 am
Breakfast
Mount Temple Ballroom

8:30 am to 9:50 am
Annual General Meeting
Mount Temple Ballroom

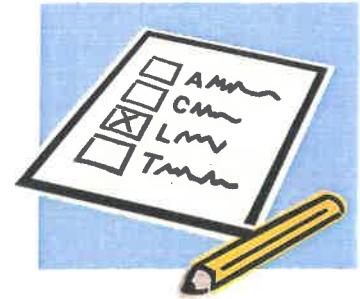
10:00 am to 12:15 pm
Sessions

12:15 pm to 1:45 pm
Lunch/2014 Kickoff
Mount Temple Ballroom

8:30 am – 9:50 am

ACIFA Annual General Meeting

Located in
**Mount Temple
Ballroom**



Or **8:30 am – 9:50 am** Free Time

ACIFA 2013 Tuesday Morning Sessions Facing Forward

🕒 60-minute Sessions: 10:00 am – 11:00 am

[6] Creating a Campus Community: The Impact of Mental Health on Student Success

Erin Musick-Neily; Lethbridge College. Workshop (60 min.)

Lakeshore Room/ Tuesday, May 28th/ 10:00 am to 11:00 am

This session will discuss the far reaching impact of student mental health on academic and personal success, both in the classroom and beyond. Mental health for the purposes of this presentation will be discussed as: "a state of well-being in which the individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her own community." Changing Directions, Changing Lives – Mental Health Strategy for Canada, 2012, p. 16). How the mental health impacts learning, social interactions, and ultimately student success will be examined along with how this impacts both the classroom and the services and supports on campus. Finally, strategies for student engagement and a systemic approach to campus mental health in coming together to create campus community will be discussed, with concrete steps that participants can take back to their own campuses and put into action. Participant feedback and discussion will be solicited throughout in this interactive and informative session.

[39] Assessing How iPads Improve Visual Learning

Brett McCollum; Mount Royal University. Lecture (60 min.) (2012 Scholarship of Teaching and Learning Winner)

Plain of Six Glaciers Room/ Tuesday, May 28th/ 10:00 am to 11:00 am

Fans of the 1980s animated television series Inspector Gadget will remember brilliant young Penny using her portable computer-in-a-book and her utility wristwatch to save her clueless uncle from evil Doctor Claw. With devices such as the iPad today's youth have a technological advantage rivalling Penny's, but are these tools merely toys or can they enhance learning in higher education? Wondering if iPads could improve student understanding of 3D molecular geometries the McCollum research team conducted over 100 interviews with undergraduate students comparing the performance of participants using either iPads or textbook-style printed images. Video analysis of the research interviews and a follow-up in-class investigation has provided additional insight. Come hear how iPads are making a difference in chemistry at Mount Royal University and how mobile devices have the potential to fundamentally change the educational experience.

[26] Distance Learning – One College's Story

Linda Tooth; Medicine Hat College. Lecture (60 min.)

Beehive Room/ Tuesday, May 28th/ 10:00 am to 11:00 am



Distance Learning is becoming a popular and viable option available to students who want to further their education, but cannot take the time to be a part of the traditional classroom. Medicine Hat College has been offering a Travel Counselor Certificate through Distance Learning for the past 10 years. This type of delivery has allowed Canadian students living within Canada and overseas the opportunity to complete their studies 'anytime anywhere'. Students who have completed this program have gone on to work in travel agencies or have opened home travel agencies. Other courses and programs at Medicine Hat College are also available through Distance Learning. Participants in this session will have the opportunity to learn about this type of educational delivery. In addition, student and registration numbers will be shared to help validate this as a successful option available to students. Linda Tooth is a full-time Distance Learning faculty member at Medicine Hat College, who has worked in the travel industry for over 15 years.

[19] Exploring the Gifts and Faces of Grief: Meaning Making and Transformation

Deb Bennett; Mount Royal University. Workshop (60 min.)

Saddleback Drive/ Tuesday, May 28th/ 10:00 am to 11:00 am

This workshop will offer participants the opportunity to learn about the multifaceted nature of loss and grief. Suggestions for coping with a variety of losses and supporting the bereaved will be presented. The transformative nature of grief will be woven throughout the workshop through a focus on the processes of future meaning making and continued connections. Within the literature a paradigm shift is challenging traditional ways of knowing grief. The voices of the bereaved illustrate these new ways of knowing and many faces of grief.

Stories of the bereaved encountered through teaching, counseling and research experiences will be shared with workshop participants. They offer powerful and meaningful lessons related to loss and grief. They allow us to explore beyond traditional theories and learn alternative ways of seeing and knowing. They also illustrate the gifts within these experiences; gifts that can help us cope with our own losses and allow us to support others in their grief. Honoring these many ways of knowing can contribute to changing narratives found within the dominant discourses surrounding loss and grief.

The workshop will begin with a presentation of the theories and language within the new loss and grief paradigms. It will continue by exploring the gifts of meaning making and transformation through the stories of the bereaved. The workshop will conclude with practical suggestions for coping with grief as well as ideas for supporting self and others.

[11] A Journey of Possibility: Fostering Intercultural Understanding through Professional Development at a Community College

Diane Hardy, Hana Taleb Imai; Bow Valley College. Workshop (60 min.)

Parker Room/ Tuesday, May 28th/ 10:00 am to 11:00 am

Using an Appreciative Inquiry approach, learn about the design and delivery of a professional development strategy used at Bow Valley College to raise department and campus intercultural awareness. This presentation will outline the route we have taken over the past five years to introduce, embed and advance intercultural skills understanding for faculty, staff and learners at our institution. The presentation will share successful approaches and activities that we have used to support this initiative.

 **60-minute Sessions: 11:15 am – 12:15 pm**

[37] Collective Bargaining: Then and Now

Terry Sway; ACIFA Labour Relations Officer. Lecture (60 min.)

Lakeshore Room/ Tuesday, May 28th/ 11:15 am to 12:15 pm

A look at the past thirty years of collective bargaining at Alberta's Post-Secondary Institutions. Examining "then and now," how things have changed and how they have stayed the same.

[40] Fostering collaborative writing without sacrificing individual evaluation

Lynne Honey; Grant MacEwan University. Lecture (60 min.) (2013 Innovation in Teaching Award)

Plain of Six Glaciers Room/ Tuesday, May 28th/ 11:15 am to 12:15 pm

Collaborative problem-solving and writing is a reality for many academics, and for a variety of work environments. Why, then, do most classes not train students to work together on their assignments? The problem often comes down to one of evaluation. It is very difficult for instructors to ensure that each group member is contributing in a meaningful and ethical way to the final project. It is also the case that group projects suffer from low-quality contributions of some members, and may be overly influenced by a single leader or strong personality. In this session, I will describe a technique that I have been using in my seminar classes to encourage collaborative writing, as well as peer-review, and systematic revision of manuscripts. This method allows students to benefit from the work of their classmates, but avoids many of the problems associated with free-riders and domineering group members. I will also present comments from students about their impression of the process, and my impression of the costs and benefits associated with this approach.

[34] Designing and Teaching a Block Course

Dr. Halia M. Valladares Montemayor; Mount Royal University. Lecture (60 min.)



Beehive Room/ Tuesday, May 28th/ 11:15 am to 12:15 pm

Have you considered designing and teaching a block course? Do you know the changes required in your course outline and delivery style to make it successful? Do you know the benefits of participating in a block course for you and the students? Are you aware of the disadvantages? Join this session and learn how to successfully design and deliver a block course. In this session the presenter will explain the changes required in the course outline, assessments and delivery of the material, the preparation work and material to be uploaded in blackboard, the requirements related to scheduling and the registrar's office. In addition, the presenter will share her own experience in delivering this type of course, the student's comments based on the student evaluations related to the format and tips on how to increase the overall success.

[25] Time for an Academic Facelift – Teaching versus Training

Tim Rasmuson; Northern Lakes College, Nicole Estabrooks; Bow Valley College. Workshop (60 min.)

Saddleback Room/ Tuesday, May 28th/ 11:15 am to 12:15 pm

"I just want to teach." For those frustrated with the change in Colleges from places of learning to places of training – this session offers a chance to share your tips, tools, and tactics for subverting the industrial agenda of modern education and shifting the training of good workers to the education of good people. The session will be a round table discussion of the experiences, frustrations, successes and failures of those wanting and wishing to change the bias of education back to education and thinking and away from training and skills. For those wanting to draw a line in the sand and say 'TRAINING NO MORE!' this will be a session to channel your inner latent teacher into your daily drudgery of training.




[7] Economic Inequality in North America: Who should be paying attention?

Anna Beukes, Max Varela; NAIT. Lecture (60 min.)

Parker Room/ Tuesday, May 28th/ 11:15 am to 12:15 pm

The recent awareness of how economic inequality has increased in the US and Canada, seen together with the jobless recovery, poses a series of challenges to business opportunities that have not existed since the decade of the 1930's. These challenges are unlikely to disappear in the short run with the application of existing macroeconomic policy measures. This session will focus on causes of the growing inequality, culminating in the Occupy Wall Street phenomenon, and discuss to what degree policy responses have been successful. Questions that will be addressed include: Why the current attention to inequality? How did it come about? What has happened to US job opportunities and unemployment and does it compare to the situation before the 1929 Depression? What are the implications for business of depressed consumer demand and the very low savings rate in the USA? Finally, this session will examine the questions of whether the business sector can benefit from addressing inequality, what governments can do to alleviate inequality and if there is room for partnerships between business and government.

	<p>Tuesday Lunch</p> <p>12:15 pm – 1:45 pm</p> <p>Mount Temple Ballroom</p> <p>w/ ACIFA 2014 Kickoff & Special Presentation</p>
-------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------

Outdoor Faceoff *Road Hockey*

Tuesday 4:30 - 6:00 (During Free Time) (conditional on suitable weather)


Sign up as an individual or as a team of 5 to *face off* in an outdoor game of hockey (floor hockey sticks will be used) on an outdoor rink (no ice), and compete for the opportunity to win not-so-grand prizes! Bring good footwear and be ready to burn off some energy. Directions to the rink will be provided.



ACIFA 2013

Tuesday Afternoon
Sessions

Facing Forward

 60-minute Sessions: 2:00 pm – 3:00 pm
[31] Creating Real-World Context in the Classroom

Tabea Berg; NAIT. Workshop (60 min.)

Lakeshore Room/ Tuesday, May 28th/ 2:00 pm to 3:00 pm

In many disciplines, students have little or no context for what they are learning. In business education, and in Management education specifically, students learn theory is often difficult to apply because, upon graduation, they find themselves in highly contextualized business situations that usually do not neatly fit the theoretical models they have learned.

Tabea Berg will facilitate this interactive session in which she will highlight her recent research in management education and ways she and others are bringing real-world context into the classroom. The majority of this session will be spent discussing challenges that participants are facing in providing students with context, as well as exploring practical ideas to try in the classroom.

This session will best serve instructors whose aim is to help students achieve competency in learning outcomes that are often difficult to measure; e.g., critical thinking, leadership, and "soft" skills.

[23] The Role of PAC in Promoting Scholarly Dialogue Among Faculty: A Community College Experience

Margaret Toye, Karen Fiege, Travis Seaman; Bow Valley College. Workshop (60 min.)

Plain of Six Glaciers Room/ Tuesday, May 28th/ 2:00 pm to 3:00 pm

Participants in this explanatory and experiential workshop will hear how Bow Valley College's Professional Affairs Committee (PAC) is promoting scholarly dialogue and activity with its members through the sponsorship of a Faculty Learning Community (FLC) centred on sharing experiences of graduate studies. Participants will be asked to explore the role of PACs in promoting scholarly dialogue to its members as well as provide feedback into the model being actualized by Bow Valley College's PAC. An Appreciative Inquiry (Cockell & McArthur-Blair, 2012) model will be the foundation of the discussion for this workshop.

[5] What Your Banker Doesn't Want You to Know – Credit Cards, Mutual Funds and Personal Investments

Glen Allen; Medicine Hat College. Lecture (60 min.)

Beehive Room/ Tuesday, May 28th/ 2:00 pm to 3:00 pm

The session will consist of hints, tips, comments and discussions about banking and personal finances. I plan on sharing some of the lessons learned over 20+ years working as a banker for The Royal Bank, TD Canada Trust and the Bank of Montreal. Discussions will range from topics such as the good, the bad and the ugly of using credit cards and other forms of debt to providing some comments around personal investments and wealth building. We will not be exploring any particular topic in depth, which hopefully will leave plenty of time for questions and discussions.

[32] Facing Academic Dishonesty: Perspectives from the Classroom, the Administrative Office, and the Office of Student Judicial Affairs

Rebecca Hardie, Judith Anderson, Leigh Dyrda, Heather Kitteringham; NorQuest College.
Panel w/ papers (60 min.)

Parker Room/ Tuesday, May 28th/ 2:00 pm to 3:00 pm

This panel investigates and deliberates the understudied issue of academic dishonesty facing post-secondary institutions in Canada. In this panel, we will discuss academic dishonesty in three papers: one given by two introductory English instructors, one given by the Chair of University Transfer, and one given by a representative from the Office of Student Judicial Affairs. Our working hypothesis is that there are understudied issues causing academic dishonesty at the community college level; we will discuss the role of classroom instruction, student demographics, and the organizational structures that are designed to deter and deal with causes of academic dishonesty. Ultimately, it is our hope and intention that this panel will contribute to, and invite discussion on, a more holistic understanding of the factors that contribute to academic dishonesty at the college level.

2-hour Session: 2:00 pm – 4:00 pm

[16] Gentle Yoga

Glenna Besse; Bow Valley College. Activity (120 min.)



Victoria Ballroom/ Tuesday, May 28th/ 2:00 pm to 4:00 pm

Gentle Yoga is intended for all skill levels. We will slow down and use this time together to bring awareness back to the body, breath and mind. One aim of yoga is to begin again by identifying behaviour and thinking patterns, adjusting those patterns of behaviour and thinking, creating intentions and letting go of what no longer serves our highest good. If possible, please bring your own yoga mat and equipment, as limited extras will be available. Please also wear comfortable clothing and, if desired, bring a journal in which to write some revelations/ideas.

Glenna is a certified yoga instructor and has been practicing yoga for over 30 years and teaching yoga for over 10 years. She teaches math upgrading at Bow Valley College.

60-minute Sessions: 3:15 pm – 4:15 pm

[33] Re-Thinking Professional Development: Supporting Ongoing Learning at Work

Annemarieke Hoekstra; NAIT. Workshop (60 min.)

Lakeshore Room/ Tuesday, June 28th/ 3:15 pm – 4:15 pm

Many instructors think of professional development (PD) as going to courses and workshops. However, in reality most pd happens on the job, while we're working. We learn during our work and we might not even realize it. This workshop intends to get instructors to consider ways to improve the learning potential of their work environment. The session will start with an overview of aspects of an expansive and a restrictive learning environment. Participants will then discuss their own workplaces as learning environments. The session will end with a list of concrete activities to make the department a place of learning for students and instructors alike.

[15] Challenge Yourself to be More Happy (Or, Puf on a Happy Face!)

Heather Abbott, Rita Andersson; Bow Valley College. Workshop (60 min.)

Plain of Six Glaciers Room/ Tuesday, June 28th/ 3:15 pm – 4:15 pm

Challenge yourself to be more happy! This will be a fun and interactive workshop where participants will take a happiness survey and then challenge themselves to face a more happy future! Research on happiness and positive psychology will be highlighted and participants will have ample opportunity for small group work activities. Face your future with three (maybe more) personal strategies on how you can enhance your happiness moving forward.

[3] Your Defined Benefit Pension Plan: Efforts at Sustainability

Doug Short; NAIT. Lecture (60 min.)

Beehive Room/ Tuesday, June 28th/ 3:15 pm – 4:15 pm

This session will explore recent demands on our pension plans sustainability resulting from investment performance, our plans maturity and the increasing longevity of members' lives. The session will enable discussion on the efforts being made and possible changes envisioned to ensure the ongoing sustainability of our defined benefit plans.

[22] Sing Along with Basement Bob

Bob Lekivetz; NorQuest College. Activity (60 min.)

Parker Room/ Tuesday, May 28th/ 3:15 pm – 4:15 pm



We will have two or more guitar players who will lead attendees through oldies and contemporary songs. This is a fun session designed to get rid of stress and have a ton of fun laughing and singing. Song sheets will be distributed or shown on an overhead. Possible songs include "After the Gold Rush", "Cat Came Back", "Cotton Jenny", "Country Roads", "Folsom Prison Blues", "Heart of Gold", "I'm a Believer", "I Saw Her Standing There", "Proud Mary", "Take It Easy", "Wooly Booly", "You Are My Sunshine" and many more!

Afternoon Outdoor Activity Session: Start time 2:00 pm

Rock, Walk and Talk around Lake Louise (Activity Session)

Katherine Boggs; Mount Royal University. Activity (120 min.)

Come join us as we explore the edge of Lake Louise to examine evidence for glaciations, climate change and other local geology features (very easy hike; paved path for most of length). Take the opportunity to enjoy the fresh air and a social walk with your fellow conference participants.



Can we see evidence for climate change? How do glaciers impact the landscape? Why is the far end of Lake Louise a popular local climbing destination? How did the Rocky Mountains form? Why are the Rocky Mountains tall, while the Canadian Shield is hilly? Can we find evidence for the "Cambrian Explosion of Life"? Come find out!

Please bring your cameras as the views of the Chateau from the far side of Lake Louise are spectacular. Water, snacks, sunscreen, good footwear, and weather-appropriate clothing are highly recommended. Pack a supper if you would like to have a picnic at the far end of the Lake. Family members and guests welcome.

ACIFA 2013

Tuesday, May 28

Facing Forward

Schedule (P.M.):

4:15 pm to 6:30 pm
Free Time & Road Hockey
(see page 21 for info)

6:30 pm to 8:30 pm
BBQ Dinner & "Poker Faces"
Mount Temple Ballroom

9:00 pm to 12:00 am
Entertainment & Dance
Mount Temple Ballroom

9:00 pm to 11:00 pm
**Hospitality Suite &
Silent Auction**
Heritage Hall

Evening Entertainment



The Rob Hudec Trio

You can't go far in the Medicine Hat club scene without hearing this multi-talented musician.

Rob Hudec (pictured in the centre) has been a force on the Medicine Hat music scene for many years, known just as much for his prowess as a blues guitar slinger as for his talents as a singer/songwriter.

While he wears an abiding love of blues music on his sleeve, he shows an affinity for a very deep grab-bag of roots music, jazz, R&B, pop, folk, gospel, country, and reggae.

Hudec's Trio features some of Medicine Hat's finest musicians that includes Jason Hellman on drums and Troy Biccum on bass guitar.

 **Use your complimentary "ACIFA Bucks" and enjoy a Beverage on us!**



HOSPITALITY SUITE
& Silent Auction
9:00 pm – 11:00 pm
Heritage Hall

** Hosted by NorQuest College Faculty Association **

Don't miss out on the final evening of our **Silent Auction!**

Thank you to ACIFA member faculty associations & other contributors for their donations to:

The Silent Auction for the Alberta Public Post-secondary Education Trust Fund

In operation since 1995, the Trust Fund provides funding to provincial award programs and a range of PD activities.

Thank you for coming to the Conference. See you next year:
ACIFA 2014 will be in Jasper, hosted by **NorQuest College Faculty Association!**

