

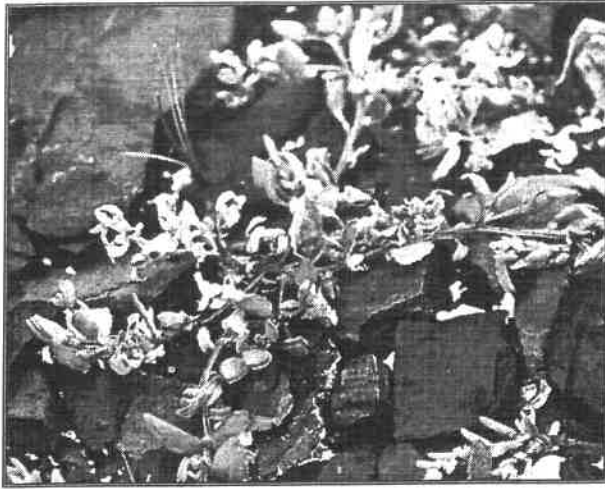


acifa 2005 Conference

May 29 - June 1
Canmore

100 ways to
celebrate Alberta

Showcasing Education: Simulations • Create • Update



ACIFA 2005 Conference

Radisson Hotel & Conference Centre,
Canmore

May 29 to June 1, 2005

100 Ways to / 100 Years to
Celebrate Alberta
Showcasing Education:
Stimulate * Create * Agitate

Conference PROGRAMME

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Welcome

to the 21st Annual ACIFA Spring Conference. This annual event gives faculty from around the province an opportunity to meet, share their experiences and bring back new ideas to their profession, as well as strengthening a valuable sense of collegiality. We hope your stay here is relaxing and vitalizing, and that you find it to be an enlightening time in the beautiful setting of the majestic Canadian Rockies.



ACIFA 2005 Conference Schedule Overview

Wednesday
June 1st

Sunday - May 29th
Rooms

Monday - May 30th
Rooms

Tuesday, May 31st
Rooms

7:30 - 8:45
9:00 - 10:15

10:30 - 11:30
11:45 - 12:45

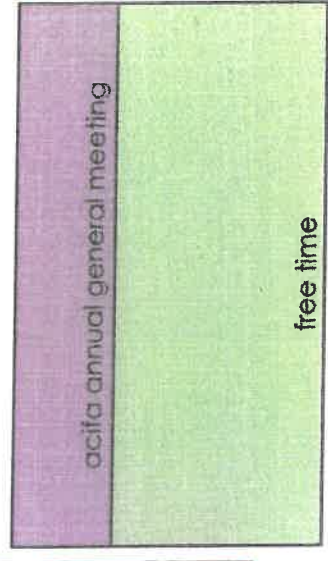
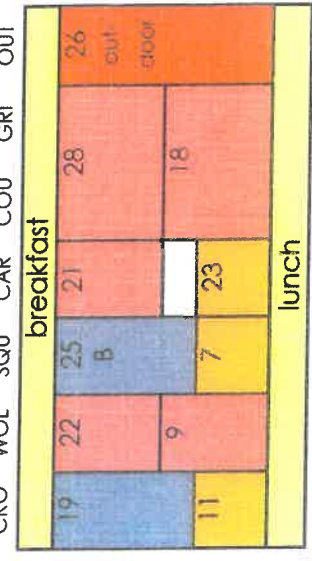
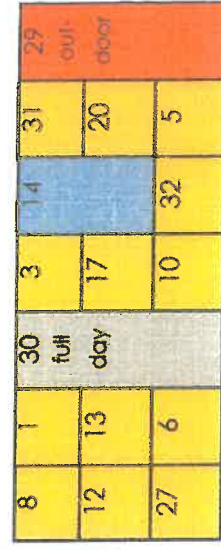
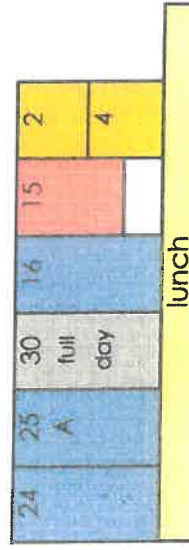
1:00 - 2:00

2:15 - 3:15
3:30 - 4:30

4:45 - 5:45

6:00 p.m.
6:30 p.m.
7:00 - 10:00

10:15 - midnight



Presidents' Council meeting 12:30 to 4:30 p.m.

Registration Desk Open

Opening Reception

KEY

60 min.
90 min.
120 min.
Plenary
full day
special

banquet
hospitality suite

barbeque
hospitality suite

*Registration desk & coffee in CONCOURSE











note: there are 15-minute breaks between sessions

ACIFA 2005 Conference - DAY AT A GLANCE

Monday - May 30th

rooms	CRO	WOL	SQU	CAR	COU	GRI	OUT
7:30 - 8:45	breakfast						
9:00 - 10:15	keynote						
10:30 - 11:30	24	25 A	30 full day	16	15	2	
11:45 - 12:45						4	
1:00 - 2:00	lunch						
2:15 - 3:15	8	1	30 full day	3	14	31	29 out- door
3:30 - 4:30	12	13		17		20	
4:45 - 5:45	27	6		10	32	5	

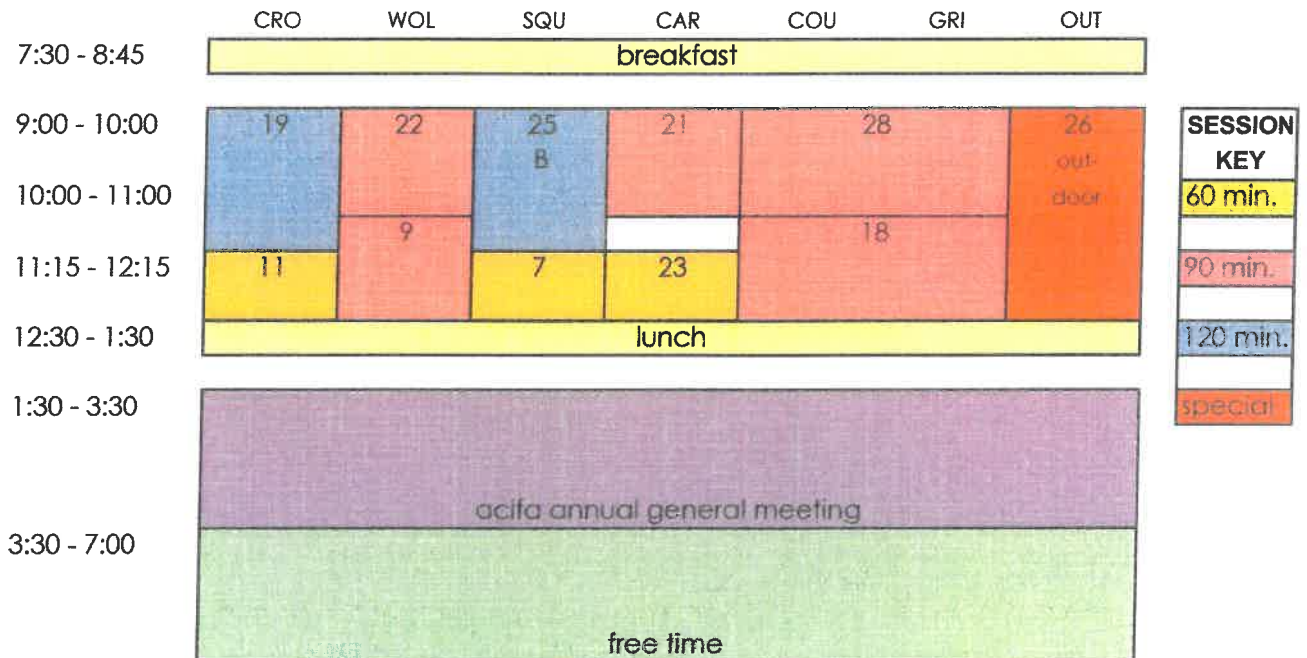
SESSION KEY
60 min.
90 min.
120 min.
Plenary
full day
special

-  **full-day session: 10:30 am – 5:45 pm**
 [30] Stress Reduction Full-day Workshop
-  **60-minute session: 10:30 am – 11:30 am**
 [2] Computer - Assisted Instruction: A Web CT Experience in the Classroom
-  **90-minute session: 10:30 am - noon**
 [15] Transformation Through the 'Academic Foundations 4' Program at Portage College
-  **2-hour sessions: 10:30 am – 12:45 pm**
 [24] Keynote Workshop - Ideals Illumination
 [25 A] Medicine Wheel Workshop
 [16] Organization Workshop
-  **60-minute session: 11:45 am – 12:45 pm**
 [4] Teaching Psychomotor Skills Using Guided Practice and Applying the Principles to Your Own Teaching Situation
-  **full-afternoon session: 2:15 pm – 5:45 pm**
 [29] Take a Hike
-  **60-minute sessions: 2:15 pm – 3:15 pm**
 [8] Learning in Time: Perception and Diversity in Learning
 [1] To Market, to Market, to be a Great School
 [3] Facts and Artifacts (In the Collective Memory Matrix)
 [31] LAPP: Where are We?
-  **2-hour session: 2:15 pm - 4:15 pm**
 [14] Provoking Genuine Learning in the Classroom Setting - the Universal Aspects of Learning Model
-  **60-minute sessions: 3:30 pm – 4:30 pm**
 [12] Using Emotion to Stimulate Learning
 [13] The Community Learning Campus - A Model for Rural Alberta
 [17] The Millennials Come to College
 [20] CSI (Crash Scene Investigation): An Inquiry-Based Learning Project Incorporated into a Traditional Classroom Setting
-  **60-minute sessions: 4:45 pm – 5:45 pm**
 [27] One Book, One Community: Putting "Community" Back into Community Colleges
 [6] Competition in the Classroom - the ESL Experience
 [10] Minimalist Materials for Your Classroom That Enhance Learning Rather Than Obscure It
 [32] Top Ten Reasons to Join the Bargaining Team
 Top Ten Reasons NOT to Join the Bargaining Team
 [5] Skrimp.com: Integrating Learning In and Out of the Classroom

ACIFA 2005 Conference - DAY AT A GLANCE

Tuesday, May 31st

Rooms



full-morning session: 9:00 am – 12:15 pm

[26] Get Agitated in the Real Environment



90-minute sessions: 9:00 am – 10:30 am

[22] Building a Financial Roadmap

[21] Increasing Student Engagement and Self-motivation Through Stretching, Relaxation and Meditation

[28] Open Learning at Medicine Hat College - Our Low-tech Blended Learning Solution



2-hour sessions: 9:00 am – 11:00 am

[19] Tips for Computer Users - Going Paperless

[25 B] Medicine Wheel Workshop



90-minute sessions: 10:45 am – 12:15 pm

[9] Conflation, Archetypes and Dichotomies - Bringing a Global and Community Perspective into the Classroom

[18] Retirement Planning



60-minute sessions: 11:15 am – 12:15 pm

[11] ?Hoe to teech ENGLISH inn none ENGLISH dissiplnns?

How to Teach English in Non-English Disciplines?

[7] Aboriginal Fish-Scale Art: A Cultural Workshop

[23] Faculty and Administration: Career Paths of Community College Administrators in Alberta

Overview

registration desk

- The registration desk will be in operation for the duration of the conference.
- Opens @ 4:30 pm on Sunday, May 29.
- Each conference delegate receives a conference t-shirt (pick up @ the registration desk).
- Throughout the conference the permanent location of the desk will be in CONOURSE of the Canmore Radisson.
- If you have any questions or need any help assistants will be on hand to come to your aid.
- Coffee will be available & displays are set up here.

sessions

- All concurrent sessions will take place in the Radisson, and are scheduled for Monday morning and afternoon, and Tuesday morning.
- There are 15-minute transition breaks between each session.

hospitality suites

- On both Monday and Tuesday night there will be an opportunity to visit with your colleagues during the hospitality suites, starting at 10:00 p.m. and located in the *Crocus Room*.
- Delegates are invited to bring along their musical instruments to participate in a **jam session**.
- A **silent auction** for the **Alberta Public Post-secondary Education Trust Fund** will also be located here.

ACIFA Annual General Meeting

- Takes place in the Crocus Room on Tuesday between 1:30 and 3:30 pm.

Arnica-Lady-Orchid room is the location for:

Keynote Address, Monday breakfast, lunch & banquet, Tuesday Breakfast & lunch, and Wednesday breakfast



recreation time

- There will be free time available in the afternoon on Tuesday to take time on your own to enjoy the mountains. Information on local activities will be available at the registration desk.

THE BARBECUE takes place:

- Tuesday evening at 7:00 pm at Vic's Restaurant & Patio, nestled beside Canmore's Ha Ling Peak.

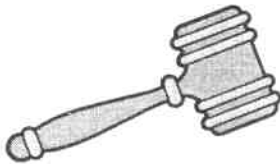
Thank you to members of the ACIFA 2005 Conference Programme Planning Committee:

- Vivian Archibald, Medicine Hat College (Chair)
- Judy Sterner, Alberta College of Art and Design
- Wendy Johnston, Olds College
- Judy Grattan, SAIT
- George Haeckel, SAIT
- Heather Sagan, SAFA
- Rocky Wallbaum, Lakeland College (ex-officio, ACIFA VP Professional Affairs)

Thanks to the Conference Sponsor:



Thank you to ACIFA member faculty associations & other contributors for their donations to:



the Silent Auction for the Alberta Public Post-secondary Education Trust Fund

In operation since 1995, the Trust Fund provides funding to provincial award programs and a range of PD activities.



Sunday May 29

12:30 pm – 4:30 pm Presidents' Council Meeting
Orchid room, Canmore Radisson

4:30 pm Registration Desk opens
Canmore Radisson Concourse

7:00 – 10:00 pm Welcome Reception
Crocus–Arnica room

Monday May 30

7:30 -8:45 am Breakfast
Arnica–Lady–Orchid room

9:00 – 10:00 am keynote speaker
Arnica–Lady–Orchid room

Keynote Speaker: David C. Jones speaking on education



Finding Tranquility in Troubled Times

Amid the fears and changes assailing the colleges and institutes today there is an urgent need for tranquility of mind. Jones suggests two elements to avoid and seven to cultivate. Avoid terminal cynicism and human negative need where our approval is always dependent upon others. Then cultivate an educational experience in which both teachers and students shine, where the songs of both are revered; where a sense of oneness with the people, the life and the things around us is valued; where warm and supportive relationships, a sense of humor, courage, and finally love—the centerpiece of teaching excellence and inner peace—all are held in highest esteem and practiced with beautiful intent.

David C. Jones is a Professor of History in the Faculty of Education at the University of Calgary. After seven years as a high school Social Studies and English teacher (1966-1974), he was appointed to the University of Calgary in 1977. He has written or edited thirty books, including the award-winning *Empire of Dust: Settling and Abandoning the Prairie Dry Belt* (1987, 2002) and *Feasting on Misfortune: Journeys of the Human Spirit in Alberta's Past* (1998). Concerning teaching, he has edited *The Spirit of Teaching Excellence* (1995), *Sayings for Teachers* (1997), *Sayings for Mentors and Tutors* (2001), and *Sayings for Leaders* (2003). His writing, speaking, teaching and leadership skills have been singled out for recognition many times. In 2000, he received the President's Circle Award for Teaching Excellence at the University of Calgary.

Programme - sessions

Monday morning

 **full-day session: 10:30 am – 5:45 pm**

[30] “Stress Reduction Full-day Workshop”

Carolyn Miller; Trainer and Consultant. Workshop (full-day):

Squirrel Room
Monday, May 30th
10:30 to 5:45

- maximum 25 participants

see pages 25 - 26 for session description

 **60-minute session: 10:30 am – 11:30 am**

[2] “Computer – Assisted Instruction: A Web CT Experience in the Classroom”

Kerry Rusk; GMC. Demonstration (60 min.):

Grizzly Room
Monday, May 30th
10:30 to 11:30

This session features a demonstration of how WebCT, or Web Course Tools, has been utilized to increase student participation, motivation and self-directedness in tutorial and clinical nursing courses at Grant MacEwan College. Another goal of the session will be to increase educators' interest in and excitement about the use of web-based technologies in the classroom.

 **90-minute session: 10:30 am - noon**

[15] “Transformation Through the ‘Academic Foundations 4’ Program at Portage College”

Calvin Leckie; PC. Lecture (90 min.):

Cougar Room
Monday, May 30th
10:30 to 12:00

'Academic Foundations 4' is a program designed to assist adults to make changes in their lives and to prepare them for the regular academic stream. The presenter, who recently completed a Master's Degree in Integrated Studies researching the effectiveness of the 'Academic Foundations 4' program at Portage College, will share some of his results, as well as his recommendations for making the program more effective. Participants can take ideas from this session and apply them in other adult education contexts.

 **2-hour sessions: 10:30 am – 12:45 pm**

[24] “Keynote Workshop – Ideals Illumination”

David C. Jones; University of Calgary. Lecture (60 min.):

Crocus Room
Monday, May 30th
10:30 to 12:45

The “Ideals Illumination” is a beautiful means of crystallizing our highest ideals of teaching excellence and inspired leadership. It uses brief but powerful children's classics to highlight crucial essences simply and compellingly. Each participant will receive one of David C. Jones's best-selling sayings books to help clarify these rich essences in a memorable way.

- maximum 30 participants

[25 A] “Medicine Wheel Workshop”

Trudie Allen; PC. Workshop (120 min.):

Wolverine Room
Monday, May 30th
10:30 to 12:45



In this workshop the participant will learn the importance of the teachings of the Medicine Wheel to the Aboriginal people. Representation and symbolism will be discussed.

Participants will also make a Medicine Wheel (approximately 6-8 inches) using commercial deer hide. The Medicine Wheel will be decorated with feathers, beads, and a pouch.

About the Artist:

Trudie Allen is a member of the Blood Tribe (near Lethbridge, AB) which is part of the Blackfoot Confederacy and Treaty #7. She now resides in Lac La Biche, AB, where she is an instructor at Portage College in the Native Arts and Culture Program. Trudie has a wealth of knowledge on many aspects of aboriginal art and its relationship to aboriginal culture and tradition.

Cost of materials \$10

- maximum of 18 participants

A second Medicine Wheel session will be held on Tuesday.

[16] "Organization Workshop"

Mira Kosevich; Paper Tiger Consultants. Workshop (120 min.):
Caribou Room
Monday, May 30th
10:30 to 12:45

- maximum 50 participants

 **60-minute session: 11:45 am – 12:45 pm**

[4] "Teaching Psychomotor Skills Using Guided Practice and Applying the Principles to Your Own Teaching Situation"

Shirley Devlin, Koleal Scott; NC. Lecture (60 min.):

Grizzly Room
Monday, May 30th
11:45 to 12:45

Guided Practice is an innovative teaching approach that has the instructor coaching and guiding the student in learning new psychomotor skills. This session is designed to provide participants with a definition of Guided Practice, to describe how it works, and to explore how it can be utilized to teach psychomotor skills. Participants will learn how to apply the principles of Guided Practice to their own teaching situation.

Lunch

1:00 – 2:00 pm

Arnica-Lady-Orchid room

Greetings from: **Cindy Oliver** President of FPSE of B.C.



The **Federation of Post-Secondary Educators of B.C.** is the provincial voice for faculty and staff in B.C. colleges, university colleges and institutes, and in private sector institutions. FPSE works to further the interests of over 10,000 post-secondary educators. **Cindy Oliver** is President of FPSE. Prior to being elected President in 2002, Cindy served three years as FPSE's Secretary-Treasurer. Previously, she was an instructor of Adult Basic Education and an Educational Advisor at the College of the Rockies. Cindy is an officer of the B.C. Federation of Labour, and represents FPSE at many external organizations and agencies, including the Canadian Association of University Teachers.

FPSE and ACIFA have had an extensive and valuable relationship over the years, and Cindy has frequently met with ACIFA's Executive and Presidents' Council.

Programme - sessions

Monday afternoon

 full-afternoon session: 2:15 pm – 5:45 pm

[29] **"Take a Hike"**

George Haeckel, Judy Grattan; SAIT. Workshop (240 min.):

Outdoor – Meet in the Concourse
Monday, May 31st
2:15 to 5:45

Take a hike! Join us on a half day excursion in the outdoors to find out about life outside our institutes! Our session will involve a hike in the Canmore area. The exact location of the hike will depend on the weather conditions but will involve an elevation gain of around 800 meters. Participants should be reasonably fit and will need proper footwear (good runners or light hiking boots). As well, participants should dress for the changeable mountain weather! Participants will be expected to car pool to the trail head. We will meet at the registration desk and proceed from there.

 **60-minute sessions: 2:15 pm – 3:15 pm**

[8] “Learning in Time: Perception and Diversity in Learning”

Robert Milthorp; ACAD. Lecture (60 min.):

Crocus Room
Monday, May 31st
2:15 to 3:15

When is your student's mind? Time is a shared dimension, but research on ADHD and creativity suggests varying perceptions of time have significant consequences for learners. How can expectations based on time be balanced with creativity and diverse learning? The objective of this session is to present a theory of time perception in learning and connections with visual spatial learning styles; cultural diversity in learning, and other learning differences, with the aim of increasing effectiveness of the instructor in addressing diverse learners. Strategies will be discussed and shared.

[1] “To Market, to Market, to be a Great School”

Sarah Elaine Eaton; MRC. Workshop (60 min.):

Wolverine Room
Monday, May 30th
2:15 to 3:15

An interactive workshop exploring the philosophies and practices of marketing in education, and how and why schools are focusing more on this business practice and how it changes educational models. The session offers an opportunity for dialogue among participants concerning the role marketing plays at educational institutions, the challenges administrators and educators face in marketing their schools, and what we can expect in the future.

[3] “Facts and Artifacts (In the Collective Memory Matrix)”

Valerie LeBlanc; ACAD. Lecture (60 min.):

Caribou Room
Monday, May 30th
2:15 to 3:15

The paper on which this session is based explores the process of collecting / preserving artifacts, and the value of individual input in collective (public) repositories. The goal of the session will be to stimulate conversation around the role of collections and repositories in the educational process, and a deeper appreciation and understanding of the importance of artifacts. A videotape 'Bye Bye Three-Quarter Inch' (7 min., 2004) will be screened.

[31] "LAPP: Where are We?"

Doug Short; NAIT. Lecture (60 min.):

Grizzly Room
Monday, May 30th
2:15 to 3:15

This session will review recent Stakeholder (advisory body to Trustees) consultation meetings that have examined the deficit, the risks inherent in the plan and the impact of changing demographics on the Plan's efficiency. Challenges to the Plan's funding, such as 'phased-in' retirement, will be discussed. Your comments and questions will be welcomed.

 **2-hour session: 2:15 pm – 4:15 pm**

[14] "Provoking Genuine Learning in the Classroom Setting – the Universal Aspects of Learning Model"

M. Stefan Sikora; MRC. Lecture (120 min.):

Cougar Room
Monday, May 30th
2:15 to 4:15

This session presents (and discusses) the learning model 'the universal aspects of learning', successfully practiced within a variety of classroom settings, and also presents the concept of 'learning styles' within a developmental and 'universal' framework. In the presenter's experience, the use of this model definitely increases student engagement and enhances individual motivation and the acceptance of personal responsibility in learning. It is not only student-centred but also provides what might best be described as a necessary 'discomfort' which serves to provoke genuine curiosity and learning.

 **60-minute sessions: 3:30 pm – 4:30 pm**

[12] "Using Emotion to Stimulate Learning"

Dianne McDonald; GPRC. Demonstration (60 min.):

Crocus Room
Monday, May 30th
3:30 to 4:30

One of the ongoing challenges for instructors is getting students to become fully engaged with the course material. Our courses are primarily designed to solicit cognitive involvement, but students' engagement with a subject increases when they receive emotional as well as cognitive stimulation.

Activities which produce surprise, intrigue, even fear, and especially amusement, can help connect students to the subject. This workshop will demonstrate how additional emotional responses can be engaged to gain the learner's attention more fully, and will be conducted as a class: introductions, handouts, activities, and written exercises. The session will conclude with a 15-minute roundtable discussion among the participants on how their emotional responses might have impacted their learning. Participants will be invited to apply these experiences to their particular learning environments.

[13] "The 'Community Learning Campus' – A Model for Rural Alberta"

Rob Mackenzie, Dot Negropontes; OC. Demonstration (60 min.):

Wolverine Room
Monday, May 30th
3:30 to 4:30

This session explores the Learning Plan and the Program Plan for the proposed 'Community Learning Campus' (CLC), developed jointly by Olds College and the Chinook's Edge School Division, under which CLC students would see a seamless transition between high school and post-secondary education. The CLC vision involves building a facility for high school students on the Olds College campus; but beyond the facility, the emphasis is on programs and creating opportunities, while encouraging rural students to remain in rural Alberta if they wish, whether they want to pursue entry into the workforce, apprenticeship, college or university. The plan includes advantages for learners of all ages, including parents and community members, and invites partnering with public, voluntary, community, health, children's services, and private sectors, to further enhance programming.

[17] "The Millennials Come to College"

Gordon Nixon; SAIT. Lecture (60 min.):

Caribou Room
Monday, May 30th
3:30 to 4:30

Who are the 'Millennials' and why are they coming to college now? This session will describe the unique characteristics of the demographic group known as the "Millennials" (born 1982 and after, and now beginning to enter the post-secondary system), and provide useful strategies for faculty members and colleges to understand and engage these learners. The presenter will share his research in this area, and, through interaction with the audience and the sharing of ideas, participants will gain a better understanding of how and why this generation of new college students act and think the way that they do. For those audience members from the Baby Boom generation, the presentation will be a time to reflect on the past and to remember the good old days, while providing participants with a framework for understanding the learning styles and demands of a very different generation of students.

[20] "CSI (Crash Scene Investigation): An Inquiry-Based Learning Project Incorporated into a Traditional Classroom Setting"

Janice Miller-Young; MRC. Lecture (60 min.):

Grizzly Room
Monday, May 30th
3:30 to 4:30

This session details how a real-life forensic engineering problem, technical report writing, and inquiry-based learning concepts are incorporated into the weekly activities and term project for an engineering mechanics class. Students analyze a car accident and occupants' injuries, and write a report on which car was at fault and whether the passengers were wearing their seatbelts. The project teaches students research and writing skills, and that real-life problems are complex and normally do not have a unique answer, and ultimately engages them in the course material. With the development of an appropriate problem, the project structure could be incorporated into any science or arts class.

 **60-minute sessions: 4:45 pm – 5:45 pm**

[27] "One Book, One Community: Putting "Community" Back into Community Colleges"

Lesley Clement, Sheila Drummond; MHC. Lecture (60 min.):

Crocus Room
Monday, May 30th
4:45 to 5:45

This session describes a successful collaboration between various college and community organizations which enhanced student learning by profiling the joys of reading and the potential for rewarding dialogue among a variety of readers. The session will cover the principles of 'One Book, One Community projects'; the collaboration of Medicine Hat College, Medicine Hat Public Library, Medicine Hat Cultural Alliance, and local school boards; and the planning process (including selection of a book, finding funding and sponsorship, developing a web page, activities, and promotion); giving consideration to why the 'One Book, One Community 2005' events were so successful, and proposals for improvements.

[6] "Competition in the Classroom – the ESL Experience"

Kathleen Sutton, Patty Benjamin; BVC. Lecture (60 min.):

Wolverine Room
Monday, May 30th
4:45 to 5:45

In Alberta, competition is revered in business and reviled in education. The presenters believe that competition combined with teamwork can play a very positive role in enhancing our students' educational experiences, by adding an element of excitement and energy to many student activities, especially communicative activities. This session will demonstrate how the presenters have developed and used 5 or 6 different types of group activities to foster a competitive yet supportive learning environment. Before you groan and say 'Not more group work' – the presenters are sure that you will respond as enthusiastically to group competition as the students have.

[10] "Minimalist Materials for Your Classroom That Enhance Learning Rather Than Obscure It"

Ken McKee; NAIT. Lecture (60 min.):

Caribou Room
Monday, May 30th
4:45 to 5:45

Are your students learning in spite of your best efforts? Dr. John Carroll of Virginia Tech has shown that the removal of impediments to learning may include your lectures, your notes, the textbook and even the 'teacher'. (Ouch!) Would this approach really create a classroom that stimulates and agitates students, rather than irritating them? Ginny Reddish, founder of the Document Design Center, has been working on the creation of user-centred materials that allow people to communicate clearly and thus stay in business. Does she know something that we educators should be aware of?

**[32] "Top Ten Reasons to join the Bargaining Team
Top Ten Reasons NOT to join the Bargaining Team"**

Terry Sway; ACIFA. Lecture (60 min.):

Cougar Room
Monday, May 30th
4:45 to 5:45

Everybody wants the association to elect a bargaining team. Not everybody wants to participate and there are those that step forward for the wrong reasons. This session explores the "whys" and "why nots" to participate in collective bargaining. This is an informal session with plenty of time for audience discussion.

[5] "Skrimp.com: Integrating Learning In and Out of the Classroom"

Milena Radzikowska, Jennifer Sutherland; MRC. Poster Session (60 min.):

Grizzly Room
Monday, May 30th
4:45 to 5:45

This poster session describes a case study of a hands-on class project which integrated course content with real-world issues, and resulted in an increase in student self-motivation and engagement, a higher sense of ownership, as well as a complete, fully-functional electronic publication. The session explores a unique attempt to model real-life experience by having an entire class work on one group project for public release. For the past three years, this approach has been successfully integrated into the Magazine Production II Class at MRC, suggesting that a similar strategy could be integrated into other course curricula.



break before the evening banquet

Monday evening

7:00 pm – 10:00 pm dinner banquet
Arnica-Lady-Orchid room

Activities include:

- ACIFA 2005 MORGEX Award for Innovation in Teaching
- Presentations to ACIFA Executive, and additional presentations.

Monday Evening Speaker: **Bob Sandford**



A Sense of Mountain Place: Adventure, Danger, Identity and Place in the Canadian Rockies

In this lively, entertaining presentation, one of Canada's foremost experts on the transformational power of landscapes will illustrate how mountain places affect how we view the world and shape our identity as individuals and as a culture.

Bob Sandford is a naturalist and ecological historian who has been interpreting the nature, history and culture of the Canadian West for more than thirty years. The author or editor of some twenty books, Bob is a well-known champion of the understanding of mountain places and experiences. Bob is also Vice-President of Publications for the Alpine Club of Canada. Bob was elected an Honorary Member of the Association of Canadian Mountain Guides and, in 2001, was presented the prestigious One Step Beyond Summit of Excellence Award for his lifetime contribution to mountain heritage in the Canadian Rockies. In his professional life, Bob works in the area of climate change impacts on western water resources. In this capacity, he is the Chair of the United Nations Water for Life Decade in Canada.

10:15 – midnight hospitality suite
Crocus Room



Tuesday May 31

7:30 -8:45 am Breakfast
Arnica-Lady-Orchid room

Programme - sessions

Tuesday morning

 **full-morning session: 9:00 am – 12:15 pm**

[26] “Get Agitated in the Real Environment”

Eric Hoogstraten; BVC. Workshop (180 min.):

Outdoor – Meet in the Concourse
Tuesday, May 31st
9:00 to 12:15

Discover the geomorphology, flora, fauna, and climatology of the East slope region of the Rocky Mountain Cordillera by partaking in an interpretative hike in Kananaskis Country. By exploring the area first hand on a 'field trip', educators can experience an environment that certainly stimulates and agitates. During the hike/walk there will be discussion on logistics, risk management, hazard assessment, liability, and common sense concerns in undertaking a field trip. The hike will be of moderate duration and designed for individuals with average fitness and ability.

[The locale will either be the Grassi Lakes Trail, Heart Creek Trail, Grotto Canyon, Haling Peak or TBD. Session participants will need to register in advance and be responsible for travel to and from the trailhead.]

 **90-minute sessions: 9:00 am – 10:30 am**

[22] “Building a Financial Roadmap”

Esther Hagerman; Clarica. Workshop (90 min.):

Wolverine Room
Tuesday, May 31st
9:00 to 10:30

What is financial planning? No matter what stage of life you are in, chances are you wish you were doing a better job of planning for a more stable financial future. It's never too early or too late to take some steps towards making your goals attainable. In this seminar we'll take a look at a number of concepts which will help you get your financial life on track. Topics include: Mistakes people make managing their money; Tools you need to build a solid plan; saving for your child's education; how to

minimize taxes; wills and power of attorney. A good plan is only useful when you put it into action - start today!

[21] "Increasing Student Engagement and Self-motivation Through Stretching, Relaxation and Meditation"

John Reeves; NAIT. Workshop (90 min.):

Caribou Room
Tuesday, May 31st
9:00 to 10:30

Often we forget about the soft skills that can be used to stimulate thinking and the inner-self. This session will try to create a natural link between stretching, relaxation, and meditation, realizing that we must try to elongate our muscles so that we can relax and then stretch our minds. We will quiet the mind so we can hear and feel what is going on inside us. If we can start to learn these life skills ourselves, perhaps we can pass them on to our students. This is a 'doing' workshop, so bring a mat to lie on, and a pillow or cushion to sit on.

[28] "Open Learning at Medicine Hat College – Our Low-tech Blended Learning Solution"

Vivian Archibald, Cathy Linowski; MHC. Lecture, followed by group discussion (90 min.):

Cougar/Grizzly Room
Tuesday, May 31st
9:00 to 10:30

'Blended learning' has been defined as 'learning that employs multiple strategies, methods, and delivery systems'. Before employing new types of learning modes, we need to be sure that we know the advantages and disadvantages of different strategies, and whether student learning styles and characteristics mesh well with instructor personalities and teaching styles to create the best possible learning environment. MHC's Open Learning Centre, which has been operating for seven years, combines small group instruction with individual tutoring and self-paced learning. What have we learned? What works/does not work well? Group discussion about 'blended learning' will follow presentation.

 **2-hour sessions: 9:00 am – 11:00 am**

[19] "Tips for Computer Users – Going Paperless"

Marty Boogaart; LCC. Demonstration (120 min.):

Crocus Room
Tuesday, May 31st
9:00 to 11:00

Twenty-five computer tips for college instructors. Get the most out of your campus network, MS Office, and WebCT. The computer provides new tools to produce better presentations, and many of these tools are free or low-cost. Networking enables a paperless environment (banish the copier!). Simple techniques can allow us to mark accurately, consistently, and quickly. This session will present a modified version of LCCTips, which was produced for a brown-bag session at LCC last November.

[25 B] "Medicine Wheel Workshop"

Trudie Allen; PC. Workshop (120 min.):

Squirrel Room
Tuesday, May 31st
9:00 to 11:00

In this workshop the participant will learn the importance of the teachings of the Medicine Wheel to the Aboriginal people. Representation and symbolism will be discussed.

Participants will also make a Medicine Wheel (approximately 6-8 inches) using commercial deer hide. The Medicine Wheel will be decorated with feathers, beads, and a pouch.

About the Artist:

Trudie Allen is a member of the Blood Tribe (near Lethbridge, AB) which is part of the Blackfoot Confederacy and Treaty #7. She now resides in Lac La Biche, AB, where she is an instructor at Portage College in the Native Arts and Culture Program. Trudie has a wealth of knowledge on many aspects of aboriginal art and its relationship to aboriginal culture and tradition.

Cost of materials \$10

- maximum of 18 participants each.



90-minute sessions: 10:45 am – 12:15 pm

[9] "Conflation, Archetypes and Dichotomies - Bringing a Global and Community Perspective into the Classroom"

Paul Laville, Robert Kansky; NAIT. Workshop (90 min.):

Wolverine Room
Tuesday, May 31st
10:45 to 12:15

This session will present some of the unspoken and unexplored realities of the social, corporate and economic world that graduates go into. Participants will receive a deeper understanding of why modern society needs constant economic growth. A healthy community requires a connectedness to and appreciation of others. This workshop session will present issues in our community which have been widely conflated and will ask participants to analyze them. By shedding light on these issues, and allowing discussion, the workshop is designed to enable instructors to be greater educators, regardless of specific program or curriculum requirements.

[18] "Retirement Planning"

Esther Hagerman; Clarica. Workshop (90 min.):

Cougar/Grizzly Room
Tuesday, May 31st
10:45 to 12:15

A broad overview of retirement planning. The thought of retirement planning can be daunting. When can I afford to retire? How much is enough? The session will address some of the primary concerns for Canadians planning for retirement. These include: What income will you need in retirement and what savings are required now to ensure it?; How pension, personal savings and government benefits fit together; How RRSPs work, why you should have one, and how to make the rules work for you; What is a spousal RRSP?; Should I consolidate my RRSPs with one company?; Making investment choices. Clarifying your plan will give you peace of mind.

 **60-minute sessions: 11:15 am – 12:15 pm**

[11] "How to teach English in non-English disciplines?"
("How to Teach English in Non-English Disciplines?")

David Aveline; MRC. Lecture (60 min.):

Crocus Room
Tuesday, May 31st
11:15 to 12:15

One of the more frustrating trends for educators is students' belief that good English is the sole realm of English composition classes, and not applicable to the 'real world', which includes classes in the social sciences, pure sciences, etc. As a result, essays and reports are poorly written, with grammatical errors, spelling mistakes, and sentences that make no sense. This session offers a discussion and recommendations on ways to improve student writing. Chief among these recommendations are to spend class time discussing writing, to give examples of bad writing, and to design handouts as guidelines and checklists for good writing.

[7] "Aboriginal Fish-Scale Art: A Cultural Workshop"

Margaret Louise Cardinal, Lorie Bellerose; NLC. Workshop (60 min.):

Squirrel Room
Tuesday, May 31st
11:15 to 12:15

Learn to work with dyed white fish scales to create art suitable for framing. The intricate arranging of these natural elements creates various artistic designs on a velvet surface. This art form was created in Grouard by a former NLC instructor, and the session, which will include historical and cultural storytelling, will introduce the cultural programming at NLC. The techniques you learn step-by-step in this one hour workshop will result in art you can take home.

Please note that there will be enough supplies for twenty-five participants.

[23] "Faculty and Administration: Career Paths of Community College Administrators in Alberta"

Robin Goates; LCC. Lecture (60 min.):

Caribou Room
Tuesday, May 31st
11:15 to 12:15

What do the career paths of current academic leaders in community colleges tell us about preparing future academic leaders? This issue is of particular interest because of the number of senior administrators in the Alberta community college system who will likely be retiring in the next few years. There will be a challenge in filling those positions with administrators who have the necessary skills and knowledge to lead the academic side of institutions effectively. This presentation is designed to document career paths and individual preparation of current administrators, to identify leadership succession patterns, and to recommend possible strategies for developing future community college leaders.

Lunch

12:30 – 1:30 pm
Arnica-Lady-Orchid room

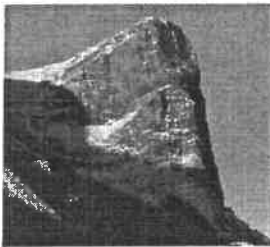
Tuesday afternoon

1:30 – 3:30 pm ACIFA Annual General Meeting
Crocus room

3:30 – 7:00 pm Free Time

Tuesday evening

7:00 pm **BARBECUE**



at Vic's Restaurant & Patio, nestled beside Canmore's Ha Ling Peak.

Jazz melodies by *The Didsbury High School Jazz Ensemble*



10:15 – midnight hospitality suite - Crocus Room

Wednesday June 1

8:30 -10:30 am Breakfast
Arnica-Lady-Orchid room

Conference Wrap Up

- draws
- presentations
- closing comments

Thank you for coming to the Conference. See you next year!



ACIFA 2006 will be in JASPER

at the



hosted by

Keyano College Faculty Association



Stress Reduction

Stress is not caused by the circumstances in your life. It is a consequence of resistance to the circumstances of your life. What is resistance? It is when you don't like what you see and you wish in that moment you were not experiencing it. Resistance is the loss of energy that results when you attempt - with thoughts and feelings - to change a person, event or circumstance. Resistance to your life is lack of trust in the Universe. The amount of stress in your life is determined by how much energy you expend resisting your life. Relief from stress is accepting the river as it flows. Once you accept your situation, you see clearly what needs to be changed in order to create the circumstances and experiences you desire.

Gary Zukav, *Heart of the Soul*

This one-day workshop aims to:

1. increase awareness and understanding of how stress and resistance affects our lives
2. provide tools and resources on how to work with and through this resistance
3. help increase clarity of participant's individual needs (and what needs to be changed)
4. help participants determine and develop plans so that they can create the experiences they so value for ourselves

This workshop would be of interest to staff who want to enjoy life more, reduce stress and increase mastery of their habits, emotions and thoughts.

Carolyn Miller has twelve years of experience in the human side of work as a employee assistant program counselor, a training and development coordinator and college instructor. She brings to her work a unique blend of sensitivity, understanding of human nature and skill in behavioral sciences. She is also the author of *Expressing Our Natural Gifts – Accessing and Honouring our Genius* (1997). In addition to this workshop, Carolyn also provides training and consulting services in empathetic/non-violent communications and employee retention.

General Course Outline:
Stress Reduction *by dancing with resistance**

Understand the NOW: The Spirit. Goal: to determine and describe your symptoms of stress – the Physical (body), Behavioral (habits), and Emotional (particularly the negative feelings).

Learn how to:

- Map out and read building blocks of change (loops and gaps)
- Describe observations and separate them from perceptions
- Step back and review current agreements/thoughts forms that are bringing you stress
- Understand negative energetic stress patterns
- Watch for co-dependent characteristics
- Assess points of influence

See the WOW. The Mind. Goal: to understand the components of attitude and learn how to develop a more positive and optimistic one. Note: A healthy attitude is our most cherished and important characteristic.

Learn how to:

- Change current agreements/thought forms that are bringing your stress
- Understand and change the roots of negative attitude
- Quiet the mind with simple relaxation techniques

Create the HOW: Connecting. Goal: to increase the ability to work with and through your own resistance. The Heart.

Learn how to:

- Process negative emotions, particularly those you tend to avoid or suppress
- Work with creative tension and emotional tension
- Use language and questions that encourage effective empathetic communication

Create the HOW: Strategy and Alignment. The Body. Goal: to create a plan.

Learn how to:

- Make a plan using responsible choice techniques
- Engage in and track the ongoing cycle of watch, assess, learn, choose, do
- Understand your relationship between stress and personal power/authenticity

Create the HOW: Fine-tuning. Goal: to put in place a process on ongoing improvement. The All

Learn how to:

- Create self-directed learning plans
- Watch for inertia and assumptions
- Nurture individual flow (high skill/high challenge)

*workshop may focus on some parts more and others less depending on needs of participants

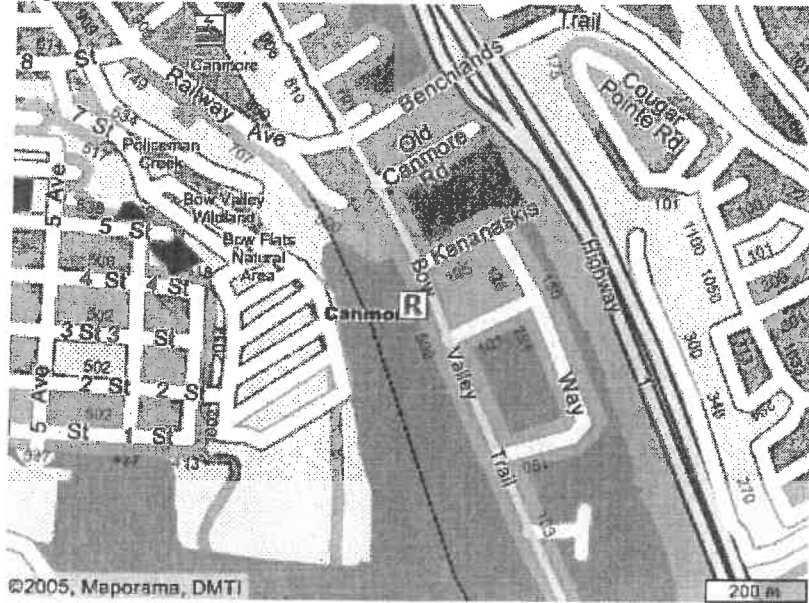
Feedback on 2005 ACIFA Conference – Canmore, Alberta

Thanks for coming to and participating in this year’s ACIFA Conference. Please use the spaces on this form to provide some feedback on your experience at the ACIFA Conference in Canmore, May 29 – June 1. Thanks for your help in making ACIFA Conferences worthwhile and enjoyable.

Location & facilities	<i>Comments</i>
Canmore as a host location	
The Radisson Hotel & Conference Centre	
Rooms, Food and Beverage	
Banquet	
Barbeque	
Hospitality Suites	
Free time	
Entertainment	
Sessions	
Keynote: David C. Jones	
Concurrent Sessions	
Monday; including Bob Sandford	
Tuesday	
AGM	
Significant Sessions for me:	
Other Comments	

Please forward this information via: email to devlinl@acifa.ca and put “Conference Feedback” in the subject line, or fax to 780-423-4515, or mail to ACIFA at #412, 10357 – 109 Street, Edmonton, AB, T5J 1N3, or drop off at the registration desk. Thanks for your suggestions!!

Map to the **Radisson** HOTELS & RESORTS in Canmore



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