



THINK GREEN

ACIFA 2010 Conference Schedule Overview

Wednesday
May 19

Tuesday - May 18

Monday - May 17

Sunday - May 16

	Rooms				Rooms				Rooms						
	PYRB	BALLA	TEK	PYRA	SIGNL	PYRB	BALLA	TEK	PYRA	SIGNL	PYRB	BALLA	TEK	PYRA	SIGNL
7:30 - 8:45	breakfast & wrap-up session														
8:45 - 9:35	breakfast keynote														
9:45 - 10:45	26	16	12	6	37	17	2	24	30	25	13	40			
10:55 - 11:55	23	22	10	8	38	34	28	11	14	7	3	46			
noon - 12:50	lunch														
1:00 - 2:30	18	9	5	15	33	36	20	35	1	21	29	45			
2:40 - 4:10	19	27			32	31	acifa annual general meeting <i>located in Beauvert A</i>								
5:00 p.m.	43	41: Walk with Ben Gadd (9:45 am) 4: George & Judy Bike Tour (all afternoon) 39: Tai Chi (4:15 pm) afternoon activity sessions: Boating at JPL (4:15 pm) Horseback Riding (2:45 & 4:00 pm) Biking at JPL (4:15 pm) Jasper Tramway (2:30 pm)													
6:30 p.m.	banquet														
7:00 - 10:00	hospitality suite														
10:15 - midnight	*Registration desk & information in JPL LOBBY location														

All activities assemblies located in Beauvert A

Session Room Names:

- PYRB - Pyramid B
- BALLA - Ballroom A
- BALLB - Ballroom B
- TEK - Tekarra
- PYRA - Pyramid A
- SIGNL - Signal

KEY

- 60 min.
- 90 min.
- 120 min.
- Plenary
- activity

Presidents' Council meeting noon to 4:30 PM

Registration Desk Open

Opening Reception

*there are 10 minute transition breaks between concurrent sessions

ACIFA 2010 Conference - DAY AT A GLANCE

Monday - May 17

Rooms

	PYRB	BALLA	BALLB	TEK	PYRA	SIGNL
7:30 - 8:45	breakfast					
8:45 - 9:30	keynote					
9:45 - 10:45	26	16	12	6	37	17
10:55 - 11:55	23	22	10	8	38	34
noon - 12:50	lunch					
1:00 - 2:30	18	9	5	15	33	36
2:40 - 4:10	19	27		32	31	
4:15 p.m.	43					
7:00 - 10:00	41: Walk with Ben Gadd (10:00 am) 4: George & Judy Bike Tour (all afternoon) 39: Tai Chi (4:15 pm) afternoon activity sessions: Boating at JPL (4:15 pm) Horseback Riding (2:45 & 4:00 pm) Biking at JPL (4:15 pm) Jasper Tramway (2:30 pm)					

KEY
60 min.
90 min.
120 min.
Plenary
activity

 **60-minute sessions: 9:45 am – 10:45 am**

- [26] The 'Clash' of Creativity
- [16] Published Ratings of Instruction
- [12] Swedish Child Care – Taking Advantage of the Natural Environment
- [6] Metacognitive Reading Strategies
- [37] Grades for Notes: Motivation for Student Engagement
- [17] Publish that Book!

 **60-minute sessions: 10:55 am - 11:55 am**

- [23] Nature Affiliation: Associations with Well-being and Mindfulness
- [22] Still hung up on workload in terms of hours of teaching? How about getting recognition for all aspects of the work it takes to run a program?
- [10] Success in the Workplace: Curriculum for the Working Foreign Trained Professional
- [8] Greening Forward: Education for Sustainability in Post-Secondary Institutions
- [38] Samarpan Meditation: Go Green
- [34] Learning Lab Days at Northern Lakes College

 **2-hour sessions: 1:00 pm – 3:00 pm**

- [5] Organic Research: Research Basics Through Chocolate
- [36] Digital Photographic Scavenger Hunt

 **90-minute sessions: 1:00 pm – 2:30 pm**

[18] Principles for a Successful Lifestyle

[9] Creating and Using Rubrics

[15] Peer Mentorship: Establishing and Encouraging Effective Mentorship

[33] The Sustainable Campus: Perspectives of NAIT and MacEwan

🌸 **60-minute session: 2:40 pm - 3:40 pm**

[19] Micro-donations by Micro-giving Groups

🌸 **20-minute session: 3:50 pm – 4:10 pm**

[43] Thinking Green in the Classroom

🌸 **90-minute sessions: 2:40 pm - 4:10 pm**

[27] Establishing a Community of Practice (CoP) in the use of Evidence Based Practice (EBP) in Health Care

[32] My Energy System: Exploring Renewing, Reusing and Recycling within the Self

[31] Filling in the Space Between Us: Working with ESL Learners to Prepare for Academic and Work Success

🌸 **all morning activity session: start time 9:45 am**

[41] Nature Walk with Ben Gadd

🌸 **all afternoon activity session: start time 1:00 pm**

[4] Go Green on Your Bike with Judy and George on a Tour in the Jasper Area

🌸 **afternoon activity session: 4:15 pm – 5:30 pm**

[39] Tai Chi – An Ancient Art for Modern Times



the Banquet starts at 7:00 p.m.



ACIFA 2010 Conference - DAY AT A GLANCE

Tuesday, May 18

Rooms

	PYRB	BALLA	BALLB	TEK	PYRA	SIGNL
7:30 - 8:45	breakfast					
8:45 - 9:30	keynote					
9:45 - 10:45	2	24	30	25	13	40
10:55 - 11:55	28	11	14	7	3	46
noon - 12:50	lunch					
1:00 - 2:30	20	35	1	21	29	45
2:30 - 4:15	acifa annual general meeting					
	located in <i>Plainsort B</i>					
	FUN RUN/WALK 4:30 to 5:30 pm					
	42: Dragon Boating (1:00 pm)					
	44: Stress Reduction Hiking (1:00 pm)					
	afternoon activity sessions:					
	Horseback Riding (2:45 & 4:00 pm)					
	Boating or Biking at JPL (4:15 pm)					
	Jasper Tramway (2:30 pm)					

KEY
60 min.
90 min.
120 min.
Plenary
activity

 **60-minute sessions: 9:45 am – 10:45 am**

- [2] Creating Opportunities for YOUR Professional Development: In-house Strategies
- [24] Blogging to Learn and Learning to Blog: Using Social Networking to Enhance Student Learning
- [30] The "Grazing" Effect of Our New Curriculum
- [25] Adult Upgrading and Immigrant Professionals: Opportunities and Barriers
- [13] Reading Circles: Fast and Easy Professional Development
- [40] Being Inside a Story: Learning Through Imaginative Transference

 **60-minute sessions: 10:55 am – 11:55 am**

- [28] Back Road Trips in Alberta's Eastern Slopes
- [11] Experience Joy – Inspired by Rumi
- [14] Greening Your Garden
- [7] Scholarship of Teaching and Learning: What's in it for me?
- [3] TED Who? Entertain, Enlighten, and Engage Students in an Enhanced Learning Environment
- [46] The Learning Circle: an evolution of Agile for learning environments

 **90-minute sessions: 1:00 pm – 2:30 pm**

- [20] Greening Your Diet – For More Reasons than the Planet
- [35] More than Changing Light Bulbs...
- [1] Take Action! Real Productivity at the Office!
- [21] MBSR – Mindfulness Based Stress Reduction
- [29] NAIT's SoTL Grant Program; Introducing the Scholarship of Teaching and Learning at NAIT
- [45] Cypress Hills Winery Project - *Innovation in Teaching Award recipient*

 **120-minute session: 1:00 pm – 3:00 pm**

- [42] Dragon Boating

 **all afternoon activity session: start time 1:00 pm**

- [44] Stress Reduction - The Natural Way (Hiking)

**the Barbeque starts at 6:30 p.m. at Trefoil lake
return at 8:30 p.m. to JPL for evening entertainment**



Conference PROGRAMME



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Alberta Colleges & Institutes
Faculties Association

acifa

Serving college & technical institute faculty

Overview

registration desk

- The registration desk will be in operation for the duration of the conference (hours will be posted).
- Opens @ 5:00 pm on Sunday, May 16.
- Each conference delegate receives a conference accessories bag and stainless steel water bottle (pick up @ the registration desk).
- Throughout the conference the permanent location of the desk will be in the **LOBBY of the JASPER PARK LODGE.**
- If you have any questions or need any help, assistants will be on hand to come to your aid.
- For sessions and activities with limited capacity, sign-in sheets will be located here.

Sessions

- Concurrent sessions will take place in the **Pyramid A, Pyramid B, Ballroom A, Ballroom B, Tekarra and Signal rooms of the JASPER PARK LODGE. Outdoor sessions convene in the LOBBY.** All sessions are scheduled for Monday morning and afternoon, and Tuesday morning.



hospitality suites

- On both Monday and Tuesday night there will be an opportunity to visit with your colleagues during the hospitality suites, starting at 10:00 p.m. and located in the **Ballroom C.**
- A **silent auction** for the **Alberta Public Post-secondary Education Trust Fund** will also be located here, both Monday and Tuesday.

ACIFA Annual General Meeting

- Takes place in the **Beauvert B Room** on Tuesday between 2:30 and 4:30 pm.

collective assemblies

Beauvert A Room is the location for:
Keynote Addresses, Monday breakfast, lunch & banquet, Tuesday breakfast, lunch & barbeque, and Wednesday breakfast



recreation time

- Activity sessions will take place concurrently on Monday and Tuesday afternoons. There will also be free time available in the late afternoon on Tuesday to take time on your own to enjoy the mountains and Jasper town site. Information on local activities will be available at the registration desk.



the Barbeque takes place:

- Tuesday evening at 6:30 pm at the **Trefoil lake**.

Welcome Messages



The NAIT Academic Staff Association's ACIFA Conference Subcommittee, chaired by Anne Marie Silvius, VP Membership Services, have had a lot of fun planning for this conference. The GREEN theme we selected offered a lot of interesting topics and we definitely had to rein ourselves in at times. We trust that you will totally enjoy exploring the threads of Come Learn, Go Teach and Think Green in the wonderful company of colleagues from around the province. The Jasper Park Lodge provides an awesome setting for valuable professional development, participation in several "green" activities, opportunities for renewing acquaintances and making new contacts and friends. Enjoy the conference and come learn, go teach, and think green!

Sincerely,
Betty Anne Ross
President, NASA



Welcome everyone to the 2010 ACIFA Conference, this year hosted by the NAIT Academic Staff Association. This year's theme, "Think Green" seems especially appropriate in the beautiful setting of Jasper Park Lodge within the wilderness splendor Jasper National Park and many of the activities that have been so thoughtfully planned by the committee are designed to bring participants closer to nature. "Thinking Green" also implies applying a fresh approach to what we do and many of the sessions are also built around this necessary renewal to our professional and personal lives. I hope your experience here leaves you feeling renewed and "Thinking Green".

Dave Purkis

Alberta Colleges and Institutes Faculties Association President

Sunday May 16

NOON – 4:30 pm Presidents' Council Meeting
Pyramid AB Room

5:00 pm Registration Desk opens
LOBBY, Jasper Park Lodge

7:00 – 10:30 pm Welcome Reception
Mary Schaffer Ballroom

Monday Morning May 17

7:30 -8:45 am Breakfast
Beauvert A Room

8:45 – 9:30 am keynote speaker
Beauvert A Room



Keynote Speaker: Ben Gadd

Icefield Bunnies, Gullible Bees and Why the Biggest Mountain in the Rockies is Not the Highest: *Ben Gadd on the Quirky Natural History of the Canadian Rocky Mountains*

Rockhounds, flower-fanciers, wildlife-watchers and bird nuts: you will love this light-hearted and stimulating 45-minute talk. From little-known facts about grizzly bears and half-grabens to the amazing relationship between the calypso orchid and the golden northern bumblebee, prepare for an eye-opening presentation. Bring your questions, too.




Ben Gadd, 64 is one of Canada's better-known naturalists and Rockies writers. Author of the ground-breaking *Handbook of the Canadian Rockies*, Ben has written eight other books and contributed to several more. His novel *Raven's End* has become an award-winning Canadian best-seller. His latest books are *The Canadian Hiker's and Backpacker's Handbook* and *Canadian Rockies Geology Road Tours*, both of which came out in 2008. Ben has received three Banff Mountain Book Festival awards for his work.

Educated as a geologist, Ben has pursued a career mainly in natural history, including a stint as a Parks Canada naturalist. He has also taught writing at the Southern Alberta Institute of Technology and Grant MacEwan. These days he works in the summer as a freelance interpretive guide—a job he describes as "rent-a-naturalist"—and in the winter as a writer and sought-after lecturer on Rockies topics. He also produces interpretive signs for national and provincial parks.

Heard frequently on CBC radio, Ben has also appeared in many television items and several documentaries on the Rockies. He supports various conservation groups in promoting wilderness protection. After thirty years in Jasper, Ben and his wife Cia recently moved to Canmore to be Grandpa and Grandma just across the yard from three-year-old Marie.



Monday morning Programme – sessions

 **60-minute sessions: 9:45 am – 10:45 am**

[26] The 'Clash' of Creativity

Rod Corbett, Leon Cygman, Katharine Barrette, Linda Sutherby; Mount Royal University. Panel Discussion (60 min.)

Find out how riddles, puzzles and mysteries can be used to inspire creativity and innovation in teaching. It just might be the whack on the head you were looking for!

How can you transform riddles, puzzles, mysteries and magic tricks into innovation in teaching? This year the faculty learning community explored and applied principles of creativity within their teaching practices. This exciting interactive multi-media panel discussion will awaken creative thinking and inspire innovation in teaching.

Participants attending this session will have an opportunity to:

- learn how to stimulate creativity as a means to making improvements in teaching practice
- take away several principles and innovations that participants can use to transform teaching practices
- be challenged to explore their own teaching and inspired to create innovations

[16] Published Ratings of Instruction

Diane Symbaluk, Andrew Howell; Grant MacEwan University. Lecture (60 min.)

Attendees at this session will learn more about faculty and students' views toward published ratings of instruction. Most post-secondary institutions in Canada employ some form of student ratings as part of a larger process of faculty evaluation. Although faculty and administrators regularly receive student feedback, the authors of the ratings themselves (ie. the students) are usually not permitted to access the findings. Our earlier research showed that students favour the disclosure of student ratings of instruction largely for the purpose of course selection, while instructors oppose this on the grounds that it is an invasion of privacy and that the practice might disseminate inaccurate information or negatively impact instructors in a manner that could be resistant to change. The issue of whether or not to publish faculty evaluations has largely been circumvented through the use of popular internet sites such as RateMyProfessors.com where students have been posting anonymous ratings for instructors at most institutions in Canada for more than a decade. Anyone can access the site, particularly students, who make use of the ratings and written comments as a convenient means of supplementary course information. Attendees at this session will learn whether student rights to access instructor evaluations and/or familiarity with the site RateMyProfessors.com has affected faculty and students' current views toward in-house publishing of evaluations. Finally, we explore potential consequences of disclosure.

[12] Swedish Child Care – Taking Advantage of the Natural Environment

Jane Howes; Grande Prairie Regional College. Activity (60 min.)

Having the opportunity to return to Sweden after thirty years and work as a front line worker in a variety of programs over the past year has been a rewarding and enriching experience that she is very excited to share with others.

[6] Metacognitive Reading Strategies

Karen Manarin; Mount Royal University. Lecture (60 min.)

This study, supported by a 2009 ACIFA Scholarship of Teaching and Learning Award, explores the questions: What reading strategies do undergraduate students value? What strategies do they demonstrate?

Learning objectives for attendees: To recognize metacognitive reading strategies and to consider the impact of student choices in reading strategies.

In this session, I present results from a study supported by a 2009 ACIFA Scholarship of Teaching and Learning Award. The study involved two sections of a first-year General Education course, Critical Writing and Reading. Students completed a reflective reading log ten times during the Fall 2009 semester; they also wrote two formal rhetorical analyses, essentially meta-essays. I code this written work against a list of reading strategies compiled by Block and Duffy (2008). I claim that, although students have been taught different reading strategies, they will use those they attribute value to, regardless of efficacy. In particular, they rely upon relating the text back to their own experience and imagery. Although relating and imagining can be powerful strategies for certain types of texts, particularly those often taught in Language Arts classrooms, they are not sufficient for other texts required in post-secondary courses. They also may hinder students' ability to comprehend texts that they don't agree with. Greater awareness of reading strategies may enhance both teaching and learning. Instructors may be able to offer struggling students options; students may become more conscious of strategies as choices they can control.

[37] Grades for Notes: Motivation for Student Engagement

Dianne McDonald; Grande Prairie Regional College. Workshop (60 min.)


Research was conducted in which two sections of the same course were rewarded with up to ten grade points for keeping notes. Did these students achieve a higher GPA than students who were not rewarded for note taking?

It is the goal of this workshop to share the results of research that was conducted to measure the effect of awarding up to ten grade points for students' note taking. Research was conducted at Grande Prairie Regional College with students from four sections of the same course. Two sections received grades for taking notes and two sections received grades for writing a course summary at the end of the semester. It was expected that the students who took daily notes would become more engaged in the class and would, consequently, achieve a higher class-average GPA. The methodology, the results and the significance of this research project will be discussed. Participants will be invited to share their strategies for nurturing a culture of engagement and academic success in their classrooms.

[17] Publish that Book!

Ken McKee; NAIT. Lecture (60 min.)

What does it take to publish a book? There is a very simple solution that allows for publishing of your materials that avoids many of the problems. Find out what the authoring/publishing requirements are in Canada and the corresponding costs and business requirements.

 **60-minute sessions: 10:55 am – 11:55 am**

[23] Nature Affiliation: Associations with Well-being and Mindfulness

Andrew Howell, Grant MacEwan University. Lecture (60 min.)

Is well-being associated with the extent to which we involve ourselves in nature? This talk will present research examining the relationship between nature affiliation and well-being.

E. O. Wilson's (1984) *biophilia hypothesis* predicts that people's well-being is associated with the degree to which they affiliate with nature. While experimental research has documented effects on well-being of short-term immersions in nature, research is needed on the extent to which individual differences in well-being co-occur with individual variation in nature affiliation. In three studies, significant associations emerged among various measures of affiliation with nature and indices of well-being and mindfulness. These results are discussed in relation to specific aspects of well-being, and in terms of mediators and moderators of the association between nature affiliation and well-being.

[22] Still hung up on workload in terms of hours of teaching? How about getting recognition for all aspects of the work it takes to run a program?

Betty Anne Ross; NAIT. Lecture (60 min.)

NAIT and NASA have collaborated on a Blueprint for Workload Assignment process; the intent of which is to identify the commitments and or responsibilities and work performed, which in turn will enable a more comprehensive yearly planning of workload.

With the increasing demands on faculty, the need for recognizing all aspects of our work is paramount to operate efficiently and equitably, and to avoid faculty burn out. In an attempt to recognize the various aspects of workload required to run a program, NAIT and NASA have collaborated on a Blueprint for Workload Assignment process.

This blueprint refers to several areas of responsibility including teaching/instruction, formal curriculum development, scholarship/professional development, corporate citizenship, administration duties, and leadership.

[10] Success in the Workplace: Curriculum for the Working Foreign Trained Professional

Laurel Madro; Bow Valley College. Workshop (60 min.)

In partnership with Seneca College and Vancouver Community College, Bow Valley has developed and piloted a program targeting the skills gaps of immigrant professionals already working in their fields but not seeing the career success they expected.

This training program was designed to target the skills gaps of the foreign trained professional who is already working in their field. The need for this type of program was determined by talking to many former BVC alumni that had expressed concern that they were not seeing progress in their careers that they had hoped. Working in partnership with Seneca College in Toronto and Vancouver Community College, with funding from the Office of Literacy and Essential Skills/HRSDC, a blended delivery training program for working professionals who need to continue to develop their communication, language, cultural awareness and Essential Skills was developed and delivered in all three locations across Canada. Participant progress was tracked by using standardized assessment such as the TOWES (Test of Workplace Essential Skills) as well as the gathering of feedback from both employers and participants. Unique aspects of this program include: a blended training model where ½ of the instruction is on-line and ½ is interactive classroom based; employers are encouraged to participate on-line, through giving feedback in the workplace and attending selected classroom sessions; learners are pre and post tested using the TOWES (Test of Workplace Essential Skills); the classroom component is interactive using a case study approach whenever possible. This workshop will outline some of the best practices, review the results and demonstrate some of the teaching strategies used in this project.

[8] Greening Forward: Education for Sustainability in Post-Secondary Institutions

Karen Stevenson; NAIT. Lecture (60 min.)

Research conducted with NAIT faculty on their understanding of *Education for Sustainability* will be presented; strategies for incorporating *Education for Sustainability* into post-secondary curricula will also be explored.

Education for Sustainability or *Education for Sustainable Development* (ESD) is an approach to education that prepares current and future students to respond to the effects of globalization, reduced and/or stressed natural resources and systems, climate change, and the accompanying issues and challenges these effects present to the world's ecosystems, human populations, financial and social systems. These challenges will require technological, economic, cultural and social solutions — solutions that will require new interdisciplinary approaches and commitment to change. Higher education must be prepared to help students imagine and shape a future impacted by rapid change and volatile global systems. Higher education must educate in a manner that challenges students to concretely envision and enact solutions for a sustainable future.

In this presentation, Karen Stevenson, ACIFA SoTL grant recipient will discuss the results of her NAIT SoTL research project which explores the extent to which sustainability concepts exist in NAIT's curriculum and to what degree faculty are willing and open to exploring ways to incorporate education for sustainability into the curriculum. She will also share her experience and the outcomes of her participation at the Association for the Advancement of Sustainability in Higher Education (AASHE) *Sustainability Across the Curriculum* workshop highlighting how institutions can examine and provide education for sustainability.

[38] Samarpan Meditation: Go Green

Kumud Acharya; Northern Lakes College, Kirtida Acharya. Activity (60 min.)

This session will explain the process of Samarpan Meditation and the presenters will lead the group in a 30 minute Meditation session.

Meditation is a process that helps us in leading a simpler life. We learn to relax and direct our attention to more spiritual rather than material expectations in life. The practice encourages us to increase our planet friendly habits and discourages us from habits whereby we contribute to environmental pollution. For example waking up early, going to bed early, more walking, less driving, eating simple foods all contribute to greening of the planet; all use less electrical energy (light). We know that it requires ten times more energy to produce meat for human consumption than to produce grains for human consumption. If more people embrace simpler lifestyles, the need for energy will be reduced and the planet will be able to sustain itself. A free CD will be distributed to everyone who may wish to practice Daily Samarpan Meditation.

Participants: 40 max. Must sign-up in advance.

[34] Learning Lab Days at Northern Lakes College

Nick Williams; Northern Lakes College. Demonstration (60 min.)

Learning Lab Day has proven to be an effective way of enhancing the learning of students in the Academic Upgrading program. This session describes the planning, the event itself, and the student feedback.

Learning Lab Day provides a day of fun and learning in all courses for Academic Upgrading students from over two dozen different communities. This event, held once a term, is vital in generating camaraderie and cooperative learning within two distinct groups of students: Distance Learning and Adult Basic Education (ABE). You will appreciate the logistics of planning the event, budgetary requirements, diversity of special sessions, student feedback, and many visual images of students enjoying their learning. Distance Learning students can put a face to their instructors and fellow students, and become energized to continue their courses and realize their goals. ABE students, who work on their courses in their community learning centres each day, come to Learning Lab Day and become connected with the wider college community. A committee of experienced staff meticulously plans the details, and the event draws volunteers from across departments. On Lab Day the host campus is bursting at the seams, and that is good for everyone's morale. Given the geographical extent of our college, Learning Lab Day is a very effective way to enhance our students' learning.



Monday Lunch

noon - 12:50 pm **Beauvert A Room**



Monday afternoon Programme – sessions continued

 **2-hour sessions: 1:00 pm – 3:00 pm**

[5] Organic Research: Research Basics Through Chocolate

Sarah Pearce, Ann Ripley, Terry Schlitter; NAIT. Activity (120 min.)

This 'activity-based' session will explore fundamental steps involved in an applied research project. Participants will perform a mock research project where a hypothesis is generated, data collected and results presented. The goal of this session is to provide an interactive, step-by-step, approach to understanding the research process. The learning objective is to have participants understand the main steps of a research project and experience data collection and analysis.

This session will be partitioned into three parts 1) a didactic approach describing research, the problem and the project design; 2) an experiential activity involving the collection and analysis of 'research' data; 3) a discussion regarding the process. Part 1 will describe the primary elements of a research project including development of

a research question, review of scientific literature, development of a hypothesis, methodological considerations (design/procedures/analysis), presentation of results and discussion. Part 2 will have the participants performing a "mock" data collection to answer the hypothesis from Part 1. Part 3 will involve data analysis and discussion of how the results would be presented (e.g., poster, oral presentation, journal article).

[36] Digital Photographic Scavenger Hunt

Jackie Krossa, Marie Milner; NAIT. Activity (120 mins.)

Groups will participate in a digital photography scavenger hunt. Their experiences will be discussed and reflected upon which will provide insight to how it may be utilized within their own classroom settings.

Experience adventurous and creative teambuilding! Explore Jasper Park Lodge with a mission in mind and enjoy an opportunity to build relationships outside your normal work environment. Participants will compete in a team atmosphere. Come independently, or come as a group, we will make the teams happen. Each group will comprise of 4-5 people and one digital camera with a photo viewer.

The Photographic images will be assessed and verified at the end of the allotted time. A discussion will follow on the group experiences; strengths within each group identified as well as the acknowledgement of different viewpoints and interpretations of the items listed for the scavenger hunt. This is a great way to introduce the idea of critical thinking by identifying different interpretations and experiences for each of the participants. Transfer this experience into an entry level college classroom setting as an introduction to identifying different critical interpretations to documenting open ended imagery topics or possibly introducing students to Power Point software by creating a group presentation from the scavenger hunt. The presentations themselves may involve follow up reflective questions that could possibly lead to a classroom discussion panel. Students will benefit from this experience by getting to know each other, learning from one another while encouraging the team work often necessary in their academic pursuit.

Participants must bring their own digital camera with a viewer.

Participants: 30 max. Must sign-up in advance.

 **90-minute sessions: 1:00 pm – 2:30 pm**

[18] Principles for a Successful Lifestyle

N. Pas Paskaran; NAIT. Lecture (90 min.)

Success in life is not an accident. Success leaves clues. Success is as predictable as the rising of the sun in the east. Why? Because, it follows certain Universal Principles. These Principles have been used by all successful men and women from the dawn of our civilization. Applying these principles in our life is like having the key to unlock the door leading to a successful and fulfilling life.

This session will present some of these Principles to motivate us towards personal growth and live a successful lifestyle. This session is a must for anyone, whether you're thirty or sixty, who wants to take charge of his or her life and live a successful lifestyle.

[9] Creating and Using Rubrics

Janice Kirchner; Medicine Hat College. Workshop (90 min.)

Rubrics are powerful tools which, when effectively designed, can reduce the amount of time instructors spend on evaluating student work and help improve student performance.

"I didn't know that's what you wanted." This is a too-frequently used statement by today's students, and one which often frustrates instructors, particularly when instructors know they have covered the expectations of the assignment. A rubric is a scoring tool which has proven invaluable in helping make an instructor's expectations

clear, showing students how to meet assignment expectations, reducing marking time, and increasing consistency in grading. If the assignment has a specific objective and an identifiable performance characteristic, the instructor can create a rubric for performance assessment.

In this workshop, we will look at types and uses of rubrics, consider sample rubrics and conversion to grades, engage in creating a rubric for a simple assignment, and participate in cross-marking to understand the application ease of this tool.

[15] Peer Mentorship: Establishing and Encouraging Effective Mentorship

Nora Yaghi, Jennifer Schneider; NorQuest College. Workshop (90 min.)

Though rooted in Greek mythology when Odysseus, king of Ithaca, entrusted the care and education of his son to his good friend Mentor, mentorship has found an important place in the professional and educational realms. Mentorship has developed into an invaluable teaching, learning and development tool in many disciplines.

In accordance with ESAC and the College of Licensed Practical Nurses of Alberta (CLPNA) recommendations, NorQuest College practical nursing students began participation in a formal mentorship program. Term four students were paired with term one students and met during a brown bag lunch session. Initial student survey results reveal positive responses and willingness to remain part of this initiative.

This interactive session will discuss and help you determine:

- 1) The characteristics of a positive mentor
- 2) Benefits and challenges of mentorship
- 3) Ways to encourage peer mentorship
- 4) How to establish a peer mentorship program
- 5) The bridging from peer mentorship into mentorship families

[33] The Sustainable Campus: Perspectives of NAIT and MacEwan

Dave Buchanan, Dana Schmidt; Grant MacEwan University, Sheryl Hansen, Conrad Norbert; NAIT.

Join representatives from MacEwan and NAIT, as they share their institutions' strategies and visions for creating sustainable campuses in Alberta, and offer ideas for starting sustainability movements at other institutions.

In 1990, 22 university presidents from around the world signed what became known as the Talloires Declaration, an acknowledgement that post-secondary institutions must play a major role as leaders in modeling sustainable practices and educating others about sustainability. Since then, many more post-secondary institutions have begun to accept this responsibility and include a commitment to sustainability as part of their vision and mission statements. In Alberta, in recent years, NAIT and MacEwan have embraced this role, creating policy, introducing sustainability infrastructure, hiring Sustainability Coordinators, drafting action plans, and undertaking various green initiatives. Join representatives from MacEwan and NAIT, as they share their sustainability stories, discuss each institution's approach to and vision for creating the sustainable campus in Alberta, and offer ideas for starting sustainability movements at other institutions.



60-minute session: 2:40 pm – 3:40 pm

[19] Micro-donations by Micro-giving Groups

N. Pas Paskaran; NAIT. Lecture (60 min.)

Micro-donations by micro-giving groups is an initiative started at NAIT in 2007 and has been successfully implemented over the past two years. There are eight micro-giving groups functioning at NAIT. Each group is an independent entity and functions autonomously. The size of each group is around ten. Hence, the name micro-giving groups. Each group supports different charities locally and internationally. The charities to be supported are picked by the members of each group.


Anyone interested in making a difference in the lives of people and making the world a better place must attend and hear about this unique initiative. This is a very flexible approach that could be implemented at any workplace.

 **20-minute session: 3:50 pm – 4:10 pm**

[43] Thinking Green in the Classroom

Chris Frey; Alberta College of Art and Design. Lecture (20 mins.)

This session borrows the notion of sustainability from current Green environmentally friendly theories on global success, and relates it to Chris' research on critical-creative thinking and teaching English to ACAD's studio-based learners. It will explain how sustainability is a key feature in critical-creative thinking and demonstrate how so in the form of an intertextual analysis of Global Destruction using music by Iron Maiden (21st C heavy metal) and Sylvius Leopold Weiss (18th C Lute), Dr. Seuss's Green Eggs and Ham, Mary Shelley's Frankenstein and Cormac McCarthy's The Road. Participants of the session should be prepared to be delightfully taught and thoughtfully delighted.

 **90-minute sessions: 2:40 pm – 4:10 pm**

[27] Establishing a Community of Practice (CoP) in the use of Evidence Based Practice (EBP) in Health Care

Richard Poon; NAIT. Lecture (90 min.)

This presentation will provide an overview of how to establish a Community of Practice (CoP) in the use of Evidence Based Practice (EBP) in both Health Care education and practice. The Field of Emergency Medical Services (EMS) will be used as an example and case study. Specific topics to be covered are:

EBP: what is EBP, why use EBP, the key philosophy and principles of EBP, when was EBP started, who is using EBP
CoP: What is a CoP, Who is involved in a CoP, How to get a CoP started

Today's Health Care students and graduates do not appreciate or understand the role of how EBP affects their learning and workplace. The formation of a CoP on EBP will help motivate students and graduates, within school and in their workplace to do so. Health Care students and graduates are constantly faced with problems in their workplace and practice. EBP is a systematic method to guide individuals to find the right evidence to help solve a problem that they are facing.

[32] My Energy System: Exploring Renewing, Reusing and Recycling within the Self

Nathalie Mercier, Sherry Greenbank; NorQuest. Workshop (90 min.)

What is the nature of my energy system? How do I invest my energy? How do perspective and choices affect my energy? Energy's invisibility makes it challenging to understand. Yet we know it exists and can be used efficiently allowing it either to be flexible in maximizing its benefits leaving us feeling vibrant, or to drain our internal resources leaving us feeling exhausted. Come explore and discuss issues relating to this important piece to wellness.

The session will use the "Green" theme of Energy including environmental terms and definitions and how they relate to us as human individuals in the context of health and functioning. Energy has been studied extensively, described in different ways and having many names: quantum, pranic, biologic, electrical, chemical, chi, kinetic, mechanical, thermic, potential. The interplay of energy's intricacies will be explored and connected

within our own personal performance system. Focusing on the energy we spend as educators and in our personal lives, questions to address will include: What is my understanding of my own energy system? What choices affect my energy? How does energy conservation apply to my own self? What replenishes my energy? How do I sustain my energy? Using visuals and exercises, this interesting and vast principle of health and energy will be discussed and explored in the context of our professional and personal lives. It is the hope participants will leave from the session with a refreshed perspective on self-management, an increased self-awareness of body, heart and mind, and practical strategies.


[31] Filling in the Space Between Us: Working with ESL Learners to Prepare for Academic and Work Success

Amy Abe, Wendy Ilott; NorQuest College. Workshop (90 min.)

English as a Second Language learners may treat assignments, knowledge and relationships differently from Canadians' expectations. This workshop explores ways to help ESL students interpret cultural/academic content.

"But teacher, you didn't tell me how to **do** this assignment, I couldn't complete it."
"I don't know why they laid me off first; I have better education and experience than my co workers".
"Everyone is talking about Climate Change; I don't really know what they mean".

When working with ESL learners, instructors quickly realize that they must overcome much more than linguistic difficulties. Mainstream Canadians take for granted cultural practices and knowledge that our students may not have. ESL students' cultures may embark on assignments differently, build relationships differently, or teach different content in their schools. When students arrive in Canada, they find that they struggle with cultural knowledge as much as linguistic skills. In an innovative new Canadian Language Benchmark based curriculum, NorQuest College has started to address the spaces in between as we teach content, essential skills and academic skills in our English as a Second Language program. This workshop will discuss challenges facing ESL students and present materials that demonstrate a way to help students understand cultural/academic content as much as linguistic competence.

 **all morning activity session: start time 9:45 am**

[41] Nature Walk

Ben Gadd; Activity (1/2 day)

Join Ben for a guided walk of 3.8 km around Lac Beauvert, beginning and ending at the hotel. The walk will be an easy stroll, suitable for participants of all hiking experience.

Participants should wear walking shoes and be prepared for May mountain weather, which tends to be wet or sometimes snowy.

Participants: 40 max. Must sign-up in advance.

 **all afternoon activity session: start time 1:00 pm**

[4] Go Green on Your Bike with Judy and George on a Tour in the Jasper Area

George Haeckel; SAIT, Judy Grattan; Retired Instructor. Activity (1/2 day)


Join Judy and George for an opportunity to discuss topics based on the conference theme while engaging in green activity, exploring the Jasper area on a bike. Participants will be riding on roads/trails which will be

suitable for novice mountain bike cyclists with a reasonable amount of fitness. The ride will be of the order of 20 km with some hills although the session co-ordinators are not planning to ride up any mountain passes.

Physical wellness has a direct impact on our mental wellness and our ability to successfully adjust to the ever changing environment in our institutes. We hope that by participating in our session, some of the faculty will take part in a physical activity, meet with colleagues in a less formal setting and discuss mutual challenges and opportunities.

Participants should bring their own bike and be prepared for an outdoor activity in the mountains.

Participants: 25 max. Must sign-up in advance.

 **afternoon activity session: 75-minute session 4:15 pm – 5:30 pm**

[39] Tai Chi – An Ancient Art for Modern Times

Jane Howes; Grande Prairie Regional College. Activity (75 min.)

"Meditate in motion" while practicing the soft, slow movements of Tai Chi. The continuity of the stretching and turning movements will heal and revitalize your body and mind. The session presenter, Jane Howes, has practiced Taoist Tai Chi for 18 years and has traveled extensively to train in this beautiful art.

Participants should wear comfortable clothing and flat shoes or socks.

Participants: 40 max. Must sign-up in advance.

Monday evening

7:00 pm – 10:00 pm dinner banquet
Beauvert A Room

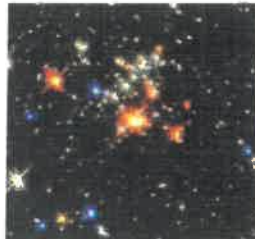
Activities include:

- ACIFA 2010 Award for Innovation in Teaching
- Presentations to ACIFA Executive, and additional presentations.



Monday evening entertainment

8:30 pm – 10:30 pm
Beauvert A Room



LIVE the laughter: a comedic hypnosis show



What does it mean to Live the Laughter? With Wayne Lee it means a rollicking, highly interactive hypnosis show as unique as it is hilarious. It means gut-splitting laughter and improbable scenes acted out by audience members no longer inhibited by their fears.



More than a hypnotist, more than a speaker, Wayne Lee delivers premium entertainment value with a message of empowerment that stays with participants long after the laughter fades.

Wayne Lee is a former five-time Canadian amateur wrestling champion and school teacher who had an unrelenting passion for entertaining and empowering people. He took a childhood interest in magic and a fascination with visualization and transformed himself from classroom instructor into comedic hypnotist and mind-power expert.

Over the years, Wayne has used hypnosis to excite, entertain, and mesmerize thousands of audiences across North America. He has performed over 2500 shows, hypnotizing over 25,000 people to dance outrageously, act like celebrities, and help them explore the limits of their imagination. Wayne has appeared on numerous national television and radio programs and was recognized as Entertainer of the Year for 2008 at the Canadian Events Industry Awards.

As well as his hypnosis show, Wayne Lee educates and empowers audiences with his empowerment presentations. Wayne teaches individuals and organizations the mental side of success, helping them use the power of their mind to get what they want. To help spread his message Wayne has authored two books and created a variety of self hypnosis learning programs.



10:15 – midnight hospitality suite

Ballroom C hosted by the NAIT Academic Staff
Association

Tuesday Morning May 18

7:30 -8:45 am Breakfast
Beauvert A Room

8:45 – 9:45 am keynote speaker
Beauvert A Room



Keynote Speaker: Wayne Lee

Ignite the Magic within: 5 on-the-spot ways too reprogram yourself and your organization for ultimate success

In Wayne Lee's hands, magic and hypnosis release astonishing power – to focus through distractions, to channel emotions, to create opportunities and dissolve barriers. Sounds like hard work, but it's not. It's MAGIC – Motivation, Awareness, Goals, Imagination, and Choices – and it draws the very best out of everyone it touches!

It's mind over...well, just about everything!

In the blink of an eye your audience will master success strategies they can put to work immediately, yet will last a lifetime. This riveting presentation reveals the limitless potential of a life transformed by the power of the mind.



Tuesday morning Programme – sessions

 **60-minute sessions: 9:45 am – 10:45 am**

[2] Creating Opportunities for YOUR Professional Development: In-house Strategies

Glenn Mitchell, Amy Saitz; Northern Lakes College. Lecture/Demonstration (60 min.)

Is your time limited? Are your PD budgets tight or maybe non-existent? Are you interested in increasing collaboration and networking at your institution? This session showcases collaborative and creative in-house professional development strategies and opportunities and that can be achieved without traveling, paying for registration or hotel costs, and even without stress!

With tighter budgets, traditional PD opportunities for faculty may be reduced. This session is a discussion and demonstration of ways to offer and access professional development in-house during tough budget times. The objective is to identify strategies for faculty to continue to participate in professional development within their institutions. Embedded within this objective is the theory that we learn best by teaching others, and that we have a wealth of knowledge and expertise to share within our faculty groups. Sharing our expertise with colleagues promotes collaboration and builds professional learning communities within our organizations. During this one-hour session, we will showcase strategies for offering in-house PD sessions, including short sessions delivered via virtual classroom software, newsletter benefits, professional reading circles, and department mini-lessons. All of this can be accomplished without travel time and costs and tedious conference registration, and participation can take place from one's own office, with no hassle or pressure to participate. It works because it's voluntary and meets individual needs.

[24] Blogging to Learn and Learning to Blog: Using Social Networking to Enhance Student Learning

Andrea Williams, Brenda Lang; Mount Royal University. Demonstration (60 min.)

Mahara is an academic Facebook, a social networking tool that enables users to set up profiles and post blogs/journals. This session reports on a pilot study conducted at Mount Royal University that uses Mahara to get students in a Business Communication course to write more often and to a wider audience of peers; students share their writing with classmates and instructors in the form of online blog posts. Using Mahara has increased students' motivation not only to write frequently and with their audience in mind, but it has also created opportunities for reflective practice. Students also have the benefit of learning to give and receive feedback about their writing.

Using Mahara in this course addresses both motivation and technology. One of the challenges instructors face is convincing students to write more often and use the feedback they're given to revise their writing. With increasingly large class sizes, instructors struggle with providing enough opportunities for students to write and receive feedback without creating an overwhelming workload for instructors. We'll explore how Mahara has help address some of these issues in fruitful ways.

[30] The "Grazing" Effect of Our New Curriculum

John van Leeuwen; SAIT. Panel Discussion (60 min.)

This presentation will review different ways of organizing an objective and technically based curriculum. Both the students' experience, instructor experience and the success of the actual learning outcomes can be dramatically affected by the organization of these objectives. Issues of the length of program, depth versus width, and the "grazing effect" will be discussed.

[25] Adult Upgrading and Immigrant Professionals: Opportunities and Barriers

Jocelyn Crocker; NAIT. Lecture (60 min.)

This session will describe findings from a research project on the experiences of immigrant women with foreign educational credentials attending adult upgrading at post-secondary institutes. Insight from these experiences provides educators with a greater sensitivity towards students' needs.

The unemployment and underemployment of foreign-trained professionals is well documented in Canada. Many immigrant professionals choose to enroll into adult education as a preparation for entering the Canadian labour market. This session will describe the findings and recommendations from a recent Masters-level qualitative research project involving four immigrant women with foreign educational credentials attending adult upgrading at two post-secondary institutes in Edmonton, Alberta. The aim of the study was to identify the opportunities and barriers these women encountered while in adult education. Their experiences pertain to

issues such as professional identity, self-worth, and the process of acculturation. The findings appeal to educators' sensitivity towards these students needs as they play an important role in the crucial social networks developed by immigrant students as they strive to enter the labour market. The strengths and limitations of the research methods employed will also be discussed.

[13] Reading Circles: Fast and Easy Professional Development

Jan Grier, Valerie Millar; Bow Valley College. Demonstration (60 min.)

Instructors have limited opportunities for professional development and collaboration with colleagues. Reading circles provide an opportunity to keep current with the literature while connecting, supporting and empowering ourselves as practitioners.

In the current climate instructors have little time and less funding to attend to professional development. Our busy schedules often leave us feeling isolated from our colleagues. One way to address these needs is to participate in a reading circle where practitioners have the opportunity to become familiar with relevant literature and, at the same time, to develop a community of practice where they can connect, support and empower each other as practitioners. A reading circle provides an informal venue for learning from each other and reflecting on our own teaching. At Bow Valley College, Valerie and Jan have had the opportunity to facilitate separate reading circles related to teaching ESL and upgrading students; however, this model can be applied to any program or content area. The focus of a reading circle can be as specific or as broad as the members wish. ESL instructors of preliterate students comprised Valerie's circle, while Jan's included members of various departments in different disciplines who shared a common interest. In this session, Valerie and Jan will give advice on initiating a reading circle, share their experiences and give a brief demonstration of a typical reading circle.

[40] Being Inside a Story: Learning Through Imaginative Transference

Annie Smith; Grande Prairie Regional College. Activity (60 min.)

This activity session utilizes story telling. Participants will experience the joy of losing themselves inside a story and then reflect on what they experienced, the questions they have, and their application ideas.

There are two area topics that Annie will address in this activity session: learning and creativity, and narrative culture. Annie is convinced of the importance of narrative to learning. We need to be part of a story – whether it is the story of our family's heritage, the stories of shared experiences with our friends, or being caught up in a story we read or see performed. Story opens up a space within us to imagine ourselves as someone else, in a different time and place, doing things we may never get to do in our "real" lives. This is a potent space for learning that ancient cultures have always recognized. What occurs in the creative space of story is a reinterpretation of one's self. The skill of being able to imagine oneself as a character in different environments increases one's ability to respond to change successfully. This is crucial for us as teachers and as learners. Recent scholarship acknowledges the importance of emotional engagement to learning. If we do not engage emotionally, we do not invest in our learning. Learning with our hearts is the doorway to learning with our heads. The imaginative space of story telling engages our hearts and opens new vistas for the mind. The goals of this session are for participants to experience the imaginative space of story and to reflect on their learning experience within this creative space.

 **60-minute sessions: 10:55 am – 11:55 am**

[28] Back Road Trips in Alberta's Eastern Slopes

Marv Machura; NorQuest College. Lecture (60 min.)

In this presentation Marv will present a slide-and-talk show about some off-the-map trips he has taken to places like the Ram River Canyon, Clearwater, Klein River, etc. The focus will be on getting off the main roads and exploring some exiting and beautiful places that are rarely seen. Other information Marv will provide are things like survival tactics, bear safety, equipment, etc.

Marv has been an avid photographer and outdoorsman his whole life and has written and published hundreds of articles and photographs from his travels.

[11] Experience Joy – Inspired by Rumi

Rostam Pooladi-Darvish; Bow Valley College. Lecture (60 min.)

"Experiencing Joy – Inspired by Rumi" looks at a few central themes beautifully embedded in Rumi's poetry: a) source of pain-identifying with our thoughts, and b) experiencing joy by living in and surrendering to this moment.

As human beings we are in need of nurturing all four levels of our beings (spiritual, emotional/social, mental and physical) in order to create and maintain balance and harmony with ourselves. That peace and sense of harmony will in turn be radiated as positive energy to our surrounding including all people, living and non-living things. As most of our sessions tend to nurture us mentally, I'd to have the opportunity to share with you some of my learning inspired by Rumi (Persian Poet) which will nurture us spiritually. Rumi's poetry and other literary works are now being enjoyed in North America and Europe widely.

[14] Greening Your Garden

Linda Tomlinson, NorQuest College. Lecture (60 min.)

Greening your Garden will introduce participants to many economical and environmentally friendly ways of gardening. There are as many different methods of gardening as there are gardeners; discover the method that is perfect for you.

Gardening is one of the growing hobbies among Canadians. It is fun, relieves mental stress and is wonderful exercise. Come learn some old and new methods of gardening. Much of gardening is labor intensive, but it doesn't have to be long hours of backbreaking drudgery. There are labor saving ideas that allow you to have a great yard and time to enjoy it. It is up to the individual gardener to make educated decisions about how they garden. Gardening can be very therapeutic. It gives people time to mull over questions, ideas, concepts and lesson plans. Plants can be brought into any classroom. They clean the air and provide a more relaxing atmosphere.

Gardening until the second half of the 20th century was green. This changed with the development of chemicals and the quest for the perfect weed, disease and insect free yard and garden. In the 21 century many of the chemicals have been removed from the shelf which means that gardeners are learning different methods of gardening. Some of the methods are ones that our grandparents used but others incorporate new materials, new ideas and or new technology.

[7] Scholarship of Teaching and Learning: What's in it for me?

Karen Manarin, Deb Bennett, Lee Wertzler, Andrea Williams; Mount Royal University. Panel Discussion (60 min.)

Learn more about how SOTL can facilitate learning, growth and creativity for scholars. Learn how it can inform teaching and best practice. Learn how you can become involved. The goals of this session are to encourage discussion about SOTL, provide examples of different types of projects, describe how SOTL inquiry can affect teaching beyond the particular project, and offer suggestions about how someone could get started on a SOTL inquiry.

In 2009, Mount Royal began a Scholars of Teaching and Learning program as part of the Institute for Scholarship of Teaching and Learning. This research development program brings together faculty from different academic disciplines who are committed to scholarly inquiry into student learning. The program supports faculty, some brand-new to SOTL, develop and disseminate course-based inquiry projects in an effort to influence practice in the field, and help build a culture of teaching and learning scholarship. This session describes different types of SOTL inquiry by providing examples from the 2009 and 2010 Mount Royal scholars. It also outlines the benefits of this type of development program. Mount Royal hopes to expand the program to faculty from other institutions. Look for a Request for Proposals from interested faculty in fall 2010 or 2011.

[3] TED Who? Entertain, Enlighten, and Engage Students in an Enhanced Learning Environment

Ed Beerwart; NAIT. Lecture (60 min.)

This session will explore the fascinating possibilities of incorporating inspirational, enlightening and relevant video clips from TED.com into a pedagogical model for use by educators. This non-profit repository of short but powerful presentations by today's most progressive thinkers in the fields of technology, entertainment, and design (hence the acronym TED) as well as other disciplines can be used by educators to entertain, enlighten, and engage students in an enhanced learning environment.

The objective of this session is to illustrate that by incorporating inspirational, enlightening, and relevant video clips from TED.com into a pedagogical model for use in classrooms, educators will find their students are more interested, engaged, and much more prone to contribute ideas to class discussions.

[46] The Learning Circle: An Evolution of Agile for Learning Environments

Gary Berteig; Keyano College. Lecture (60 mins.)

Agile methods provide a framework for action. No two Agile projects are exactly alike; different strengths, participants, receptivity, time lines, and other variables help us to recognize that certain features of an Agile framework will be adopted more easily in one situation than in another. The Learning Circle is a framework for learning. It is a fresh way of viewing criteria for advancing the learning in a team. It is not only a call for flexibility, but also recognition that the movement of a team from one iteration to another is a seamless process of systematic, organic growth, rather than a hierarchical set of hurdles. Used in combination these two frameworks reinforce each other and can be used to establish a productive learning environment.

Tuesday Lunch

noon – 12:50 pm



Beauvert A Room

 **90-minute sessions: 1:00 pm – 2:30 pm**

[20] Greening Your Diet – For More Reasons than the Planet

David Parker, Margaret Marean; NAIT. Lecture (90 min.)

This seminar will show the simplest and most effective thing that one single individual can do to improve the environment – as well as conferring major health benefits for all.

In 2006 the UN Food and Agricultural Organization (FAO) produced a report on the environmental impacts of animal agriculture – especially Intensive and Industrial Agriculture. The report stated that 18% of all greenhouse gases are created in the production of animals and animal products (meat and milk). The figure is higher than that of all methods of transportation combined – road, air and sea. The prestigious World Watch Institute reassessed that estimate in 2008 and came to the conclusion that the impact is actually 51%. Environmental impacts extend to water consumption and pollution, land degradation and deforestation.

In addition to the ecological advantages of a plant based diet this presentation will show how a person's well being can benefit also. Since the major causes of premature death are, in order: Heart Disease, Cancer and

Stroke, and all three have been strongly associated with an animal protein diet, it follows that reducing or eliminating animals in the diet will increase longevity, improve physical well being and help prevent obesity. Modern animal farming is highly chemistry dependent for pesticides and herbicides, pharmaceuticals for hormones and antibiotics, which work their way up the food chain into you and your family's body.

Come to this presentation and find out how you can become healthier, slimmer and live longer. Become a better steward of creation and combat climate change. Find out how you can do all this by simply replacing part of your diet with healthy plant based foods.

[35] More than Changing Light Bulbs...

Conrad Nobert; NAIT. Lecture (90 mins.)

This session goes deeper than the usual advice on going green. Learn about more than changing light bulbs and recycling, about how to make a fundamental and rewarding shift towards a greener lifestyle.

This session is presented by Conrad Nobert, Digital Media and IT instructor at NAIT. Conrad, his wife and two young children have been pushing the boundaries of green living for years. They live car-free, and they recently built Edmonton's second Net Zero Energy home, a process that was documented in the Spring 2009 issue of NAIT's *techlife* magazine.

Conrad will discuss how to go deeper in the quest for a greener life style. He will address issues such as the importance of community in our break from materialism, how to live without a car, and the benefits of living more slowly. Conrad will talk about the economic benefits to a greener life, which will include a discussion about the virtuous cycle of lower consumption, less work, and more time for friends, family, and giving back to the community.

This session addresses the conference themes of going green at home and at work. The goals will be to provide a wider range of options to greening one's lifestyle than is usually presented by the media, and to expose attendees to the enriching possibilities that these options enable.

[1] Take Action! Real Productivity at the Office!

David Sabine; Keyano College. Lecture (90 min.)

Life is busy. Your workplace is competitive. How's your blood-pressure? Are your habits at home and in the workplace efficient? Is your work ethic sustainable? Are you waiting for next year's budget? Do you waste time with e-mail or on the internet? Are you comfortable with new technologies or has your inbox gotten the best of you? Do you waste energy doing work that helps nobody – not even yourself? When you couldn't beat them, did you join them?

This session is an investigation into your ability to cope with all the counter-productivity in your workplace and your private life. It is about managing your priorities and obligations better; it's about managing your calendar and inbox better; it's about eliminating wastefulness that burns up your time and your energy; it's about cutting through the snail's pace of bureaucracy; it's about using technology better; it's about changing ineffective habits and discovering new ways to be and stay productive.

The goal of this session is to change you – to teach an old dog a few new tricks – and help you to regain control of your inbox and all the stuff of life.

[21] MBSR – Mindfulness Based Stress Reduction

Jody Misunis; NorQuest. Activity (90 min.)

Mindfulness Based Stress Reduction (MBSR) was developed by Dr. Jon Kabat-Zinn at the University of Massachusetts Medical Centre. This session will include an intense experiential training in various mindfulness exercises including gentle physical stretching, the body scan of meditation, and how to eat mindfully. I will teach people how to truly "LIVE" in the moment.

Objectives of this session:

- Minimize the experience of stress and its effects on the mind and body
- Increase direct experiential awareness of the complex interplay between mind and body, and the effect of each on the body
- Cope more effectively with short and long term stressors
- Consciously choose to "respond" rather than react
- Actively participate in and take responsibility for maintaining and improving one's own health

Participants should bring a yoga mat and a pillow.

[29] NAIT's SoTL Grant Program; Introducing the Scholarship of Teaching and Learning at NAIT

Annemarieke Hoekstra, Jocelyn Crocker, Karen Stevenson, Hugh Read; NAIT. Panel with papers (90 min.)

This session will discuss how the NAIT SoTL grant program allows NAIT instructors time to explore areas of teaching and learning as a means of informing effective educational practices.

The NAIT Scholarship of Teaching and Learning (SoTL) grant was introduced to NAIT instructors in May 2009. This grant allows instructors to dedicate up to 50% of their annual workload to a Scholarship of Teaching and Learning project, which enables NAIT instructors to explore a teaching and learning area of their own interest to develop instructional excellence and contribute to student success. Working on such projects also contributes to job satisfaction, motivation and professional growth, which links this session to this important conference theme. The Grant winners are required to share the outcomes of their projects in several ways, thereby allowing the work to directly inform existing educational practices outside of their own classrooms.

This interactive session will provide the audience with an opportunity to explore how they might incorporate the scholarship of teaching and learning in their own teaching practice, explore areas of their own interest together and to learn from and with their peers from other institutions. The presenters will focus on several aspects of the SoTL Grant program, including the application process, the assessment rubric, the grant agreement and project support and evaluation. NAIT SoTL Grant winners will report on how they experienced this process and where it has taken them so far.

[45] Cypress Hills Winery Project - Innovation in Teaching Award recipient

Glenn Allan; Medicine Hat College. Lecture (90 mins.)

The innovation/creative teaching concept introduced by Glenn was a semester long project incorporated into two separate classes – a first year business statistics class (BMAT 183) and a second year marketing management class (MKTG 275).

The major goals for this project were as follows:

- 1) To incorporate a real life business scenario into each of these classes
- 2) To put theory into practice
- 3) To attempt to develop a closer relationship between the local business community and the college
- 4) To introduce the classes to effective business tools – such as online survey programs and excel pivot tables

In this assignment, the classes were asked to act as "statistic/marketing consultants" for a local business called Cypress Hills Winery. Due to the nature of the assignment, the two classes were reliant on one another to successfully complete the project. This created a situation similar to one they may face in working for a larger organization where different departments carry out different functions. In these cases, individuals often need information from others (who they may not know) to help them do the best job possible on their particular project. In addition to incorporating theory into the assignment (such as properly defining the problem, creating a marketing plan, and completing a post-project analysis) several business/statistical tools were also utilized in this exercise. Tools included Excel Pivot tables (a highly effective tool that can be used to manipulate, analyze, graph and chart data) as well as online survey tools/websites.

 **120-minute session: 1:00 pm – 3:00 pm**

[42] Dragon Boating

Kevin Kwan; Edmonton Dragon Boat Racing Club. Activity (120 min.)

Learn the ins and outs of dragon boating from instructors from the Edmonton Dragon Boat Racing Club in this team building exercise. Participants must wear appropriate clothing that may get a little wet. All equipment will be provided.

Participants: 40 max. Must sign-up in advance.

 **all afternoon activity session: start time 1:00 pm**

[44] Stress Reduction – The Natural Way

Laurie Hunt; NAIT. Activity (3 hours)

This 3 hour hike around "Valley of the Five Lakes" will introduce you to the natural history of Jasper National Park, and will explore the benefits of connecting with nature. Richard Louv's recent book "Last Child in the Woods" stimulated international discussion about nature deficit disorder in kids, and the impact it's having on their mental health and development. Similar effects of nature deficit can be seen in adults. For many, connecting with nature is an effective way to calm and clear our minds. It can also be a source of inspiration and can help us to regenerate energy and passion for life. If you feel the need for a little nature inspiration or green therapy, pack your comfortable shoes, water bottle, rain gear/sunscreen, and join Laurie for a stroll along one of Jasper's most beautiful hiking trails.

Participants will need to arrange their own transportation to the Valley of the Five Lakes trailhead, which is about 15 minutes south on the Icefield Parkway Road.

Tuesday afternoon

2:30 – 4:30 pm ACIFA Annual General Meeting
Beauvert B Room



4:45 – 6:30 pm Free Time

Tuesday evening

6:30 pm the Barbeque at Trefoil lake

8:30 pm return to Beauvert A Room at Jasper Park lodge

musical stylings by
The Laurence Boys

For more than a decade, The Laurence Boys have packed the house at concerts across the province, and have opened for various folk and country artists including Bill Borne, the Irish Descendants, Tim Williams and Aaron Lines. For those who have seen them perform, The Laurence Boys may conjure up images of Jeremy, Joe, Liam and Luke Laurence singing harmonies and playing a range of instruments including banjo, bagpipes, bodhran and last but not least, the zucchini. On this occasion however, they are proud to welcome an addition to the Laurence family: a fifth brother, Rick Schuhmacher (that's German for Laurence) who will provide back up on the drums, and has played with multiple bands including Route 66, KC Jones and Curtis Grambo.



10:15 – midnight hospitality suite



Ballroom C

hosted by the SAIT Academic Faculty Association

Wednesday Morning May 19

8:30 -10:30 am Breakfast

Beauvert A Room Conference Wrap Up

🌸 prize draws 🌸 presentations 🌸 closing comments

Thank you to ACIFA member faculty associations & other contributors for their donations to:

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- In operation since 1995, the Trust Fund provides funding to provincial award programs and a range of PD activities.

Thank you for coming to the Conference. See you next year: hosted by SAIT Academic Faculty Association ACIFA 2011 will be in LAKE LOUISE!



❁ *My Conference NOTES* ❁